

Resensko oro

(Macedonia)

The music is the same as used in the village of Resensko in western Macedonia. The dance was seen by Atanas at the Bitola Festival. It is typical of the dances done on weddings, holidays, etc.

Pronunciation:

Record: AK014 Side A/4

Rhythm: 7/16 meter: 1-2,1-2,1-2-3 counted as 1,2,3 (Q,Q,S).

Formation:

Meas

Pattern

1-16 INTRODUCTION.

PART 1.

- 1 Facing and moving CCW, hop on L (ct 1); step on R fwd (ct 2); step on L fwd (ct 3).
- 2 Repeat meas 1.
- 3 Three small step s fwd R,L,R (cts 1-3).
- 4 Repeat meas 3 with opp ftwk.
- 5 Hop on L, lift R across L (cts 1-2); step on R (ct 3).
- 6 Repeat meas 5 with opp ftwk.
- 7 Hop on L and face ctr (ct 1); step on R to R (ct 2); step on L next to R (ct 3).
- 8 Repeat meas 7.
- 9 Leap on R to R (cts 1-2); hop on R, raise L knee in front (ct 3).
- 10 Repeat meas 9 with opp ftwk.
- 11 Repeat meas 9.
- 12 Hop on R (ct 1); step on L to L (ct 2); step on R in front of L (ct 3).
- 13 Hop on R (ct 1); step on L to L (ct 2); step on R behind L (ct 3).
- 14-16 Repeat meas 9-11 with opp ftwk.
- 17-48 Repeat meas 1-16 two more times.

PART 2.

- 1-4 Repeat Part 1, meas 1-4.
- 5 Step on R to R and face ctr (cts 1-2); hop on R, L swings across R (ct 3).
- 6-9 Repeat Part 1, meas 12-15.
- 10 Step L,R,L in place (cts 1-3).
- 11-20 Repeat meas 1-10.

PART 3.

- 1-4 Repeat Part 1, meas 1-4.
- 5 Leap on R fwd (ct 1); small step on L next to R (ct &); step on R fwd (ct 2); hold (ct 3).
- 6 Repeat meas 5 with opp ftwk.
- 7-13 Repeat Part 1, meas 7-13.
- 14 Facing ctr, small leap on L in front of R (ct 1); step on R in place (ct &); step on L in place (ct 2); hold (ct 3).
- 15 Repeat meas 14 with opp ftwk.
- 16 Repeat meas 14.
- 17-48 Repeat meas 1-16 two more times.

Presented by Atanas Kolarovski