

Rezijankas I & II

From Rezijan, Italy, near the border with Slovenia

Notes by Andrew Carnie, based on MITFDC version. No claims to authenticity are made!

Rezijankas I

The music starts with a chord, start dancing when the actual melody does.

Formation: couples, in two lines: men in one, women in the other. The lines face one another.

Music 4/4.

Footwork.

MEN: Slow walking, always starting with the R foot. One step per 2 beats. for a total of 14 steps (7 bars of music). Then take two quick steps (1 beat per step) and jump on both feet (1 beat) pause (1 beat)

R L R L R L R L R L R L R L RLBP (B=both, P=pause)
S S S S S S S S S S S S QQS (S=slow, Q=Quick)

WOMEN: The woman's foot work is much more complicated, and doesn't fit the phrasing of the music. It comes in sequences of two slow (2 beat) walking steps followed by two quick (1 beat) walking steps. There are a total of 5 of these SSQQ sequences followed by a Jump on both feet and a Pause. Like the man the step always starts on the right foot. The women's foot work sequence crosses over the boundaries of the measures. The key to doing the woman's footwork is to ignore the bars in the music and keep repeating "Slow Slow Quick Quick" to yourself in your head.

|1234|1234|1234|1234|1234|1234|1234|1234|
R L R L R L R L R L R L R L R L RLBP (B=both, P=pause)
S S QQS S QQ S S QQS S QQ S S QQS (S=slow, Q=Quick)

The formation:

- Bar 1: MEN: starting with the R foot, take two walking steps (SS) turning to your own left (CCW) half way:
WOMEN: starting with the R foot take two slow walking steps (SS) turning to your own right (CW) half way:
- Bar 2: MEN: completing the turn to face your partner step R (S), step backwards on L (S)
WOMEN: complete the turn to your R by stepping R (Q), then step quickly backwards on your L (Q), step forwards on your R (S) towards your partner.
- Bar 3: MEN: Leading with your left shoulder take two walking steps (R,L: SS) towards your partner. You will pass them in the middle with your BACK towards them. Look over your L shoulder at them as they pass.

Continued...

WOMEN: Continue forward towards your partner, step L (S), then leading with the right shoulder take two quick steps forward R,L (QQ), on these two steps you will pass your partner, his back will be toward you, your front faces him. Flirt wildly.

- Bar 4: MEN: Continue walking forward (RL: SS) into partner's place
WOMEN: Continuing to move forward into your partner's place, step right, starting to turn to your own R (S), the step L (S) completing a HALF turn (end facing your partner).
- Bar 5: MEN: turning to your own left (CCW) step on your R foot, executing a complete half turn (S). Step on your L foot backwards (S)
WOMEN: Step on your R (Q) slightly backwards, then on your L (Q) slightly backwards. Then step forwards on your R (S).
- Bar 6: MEN: Take two steps forward again leading L shoulder (RL,SS)
WOMEN: Step on your L (S) forwards, then again leading with the R shoulder R,L (QQ). Pass your partner belly to back with this QQ.
- Bar 7: MEN: Continuing forward towards original position step RL (SS) but begin curving slightly inwards to the left (CC)
WOMEN: Turning to your own Right (CW) step R, L (SS)
- Bar 8: MEN: take two running steps RL (QQ) making a half turn to L (CCW), Jump on both feet facing partner (S)
WOMEN: take two running steps (QQ) towards your partner R,L. Jump on both feet facing partner.

Repeat until the end of the music. Hug your partner on the chord and get into position for Rezijankas II.

A MORE INTUITIVE CHARACTERIZATION.

- Always start on the R foot
- Men's turns are ALWAYS to the Left (CCW). Women's turns are ALWAYS to the R (CW)
- both the men and the women do the same basic sequence:
 - (1) Make a full turn.
 - (2) pass your partner
 - (3) make a half turn
 - (4) Pass your partner
 - (5) make a half turn
 - (6) (run to the middle and) Jump

MEN:

- Bar 1-2 Complete turn CCW 4 walking steps
Bar 3-4: Walk forward, lead with Left shoulder, pass partner with your back facing her
Bar 5: 1/2 turn to L (CCW) with two walking steps
Bar 6-7: leading with L, pass partner with back.
Bar 8: two Running steps turning (CCW) to face partner, jump on both facing partner.

WOMEN:

- SSQQ1: one full turn to R (CW)
SSQQ2: move forward passing your partner's back, lead with the R shoulder.

Continued...

SSQQ3: one half turn to R (CW)
SSQQ4: move forward passing your partner's back, lead with the R shoulder.
SSQQ5: one half turn to R (CW)
JUMP: jump on both feet, facing your partner.

Rezijankas II

Formation: in ONE long line (men facing down, women facing up) partners facing one another up and down the long line.

Music: 2/4 (but in phrases of 10 bars)

The footwork for men and women is the same.

Bar 1-4 Travelling to own right do a complete CW (over R shoulder) turn with 4 slow steps (one per bar)

Bar 5 Touch R out to right side.

Bar 6-7 This time moving to the left (towards partner) and turning over the left shoulder take two walking steps to make a HALF turn. Ending in your partner's original position facing in the direction they were originally facing.

Bar 8-9 Rock forward on your R foot, back on your L while facing partner. (1 per bar)

Bar 10 Rock forward on your R foot, back on your L quickly (1 per bar)

Bars 11-20 Repeat dance again travelling to R to start to get back to original positions.

Repeat until the end of the music. End with a hug.

SSQQ3: one half turn to R (CW)
SSQQ4: move forward passing your partner's back, lead with the R shoulder.
SSQQ5: one half turn to R (CW)
JUMP: jump on both feet, facing your partner.

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