

RIEPE GARSTE  
(Ripe Barley)

SOURCE: Achterhoek - Netherlands

RECORD: Nevofoon 12162

FORMATION: Double circle, ptr's facing each other, M back to ctr.

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MUSIC: PATTERN

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Meas.

PART I CLAPPING

- 1 Clap ptr H's, clap own H's, clap ptr's R H, clap own H's  
2 Clap ptr's L H, clap own H's, clap ptr's H's, clap own H's.  
3-4 MOVING All let their arms swing in big circles hitting alternately with R and L H high up (8 hits).  
1-4 Repeat

PART II HANDS ON HIPS

- 5 2 step closes to the R  
6 3 stamps in place  
7 2 step closes to the L  
8 3 stamps in place  
9-11 Link R elbows and run around  
12 3 stamps in place.  
5-12 Repeat, beginning to the L linking L elbows.

Presented by Femke van Doorn  
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