

Line Dance from Serbia and Bulgaria taught by Yves Moreau.

Pronunciation: Reep'-na mah'tsah

Record: Folklore Dances of Bulgaria, B-4000 (Chetvorno horo)

Formation: Short lines of dancers, men and women in separate lines, using belt hold (grasp nearest part of neighbor's belt, R arm under, L arm over). Person on L end tucks free thumb in own belt. Leader (on R end) waves handkerchief or else tucks R thumb in own belt.

Rhyth: 7/16. Slow-quick-quick.

Introduction: 16 measures on the above recording.

FIGURE I Kicking Step:

(REMINDER DIRECTIONS: Kick Rft across in front of Lft, step Rft to R, step Lft behind Rft; lunge to R on Rft, step Lft to L, step Rft behind Lft; chug on both feet to L and back, chug both feet to R and back.)

Meas. 1 Kick Rft sharply across in front of Lft, with slight hop on Lft in place (ct. 1); step Rft to R (ct. 2); Step on Lft behind Rft (ct. 3)

Meas. 2 Lunge emphatically to R on Rft, bending R knee slightly, leaving Lft "pinned" to its spot (ct. 1); shift weight back onto Lft in its spot (ct. 2); step Rft behind lft (ct. 3).

Meas. 3 With feet together, chug diagonally forward & left on full foot (ct. 1); return to place with 2 small hops on both feet together (cts. 2 & 3).

Meas. 4 With feet together, chug diagonally forward & right on full foot (ct. 1); return to place with 2 small hops as you did in Meas. 3 (cts. 2&3), but on the very last hop release the Rft in preparation for a repeat of the figure.

This entire figure is done 3 more times for a total of 4.

CUE WORDS FOR FIGURE I: Kick-side-back, lunge-side-back, chug-hop-hop
chug-hop-hop.

FIGURE II: "Bloop-bloops"

(REMINDER DIRECTIONS: Leaning forward, 2 quick light steps, Rft-Lft, followed by 2 steps Rft-Lft, all forward and repeat; tap R heel diagonally forward & right, then straight in front; step Rft in place. Tap L heel diagonally forward & left, then straight in front; step Lft in place. Straighten up and back up to original place with 3 twisting three's, and end by bringing heels apart and together again.)

Meas. 1 Two tiny quick steps, Rft-Lft, moving slightly forward, the 1st one done on tiptoe (ct. 1); then 2 steps forward, Rft-Lft (cts. 2&3).

Meas. 2 Repeat movements of Meas. 1, continuing to move forward

Meas. 3 Still bent forward, weight on Lft, L knee bent, tap R heel on ground diagonally forward/right (ct. 1); tap R heel straight forward (ct. 2) (Note that R knee is kept straight during these two taps); step lightly onto Rft in place beside Lft, releasing Lft from ground (ct. 3).

Meas. 4 Repeat the movements of Meas. 3 with opposite footwork, i.e. 2 taps (one diagonally forward/L and the other straight in front) then step L in place.

CUE WORDS FOR MEAS. 1-4 FIGURE II: Bloop-bloop-right-left, Bloop-bloop-

cont

right-left, tap-tap-step, tap-tap-step.

Meas. 5 Straighten up and step lightly back on ball of Rft, twisting R heel slightly to the R; Lft is in the air, and the L heel twisted slightly to the R, near the front of R ankle (ct. 1); step lightly onto ball of Lft, twisting L heel slightly to L; Rft is in air, the R heel twisted slightly to L and near L ankle (ct. 2); Step lightly onto ball of Rft, twisting R heel slightly R; Lft is in air, L heel twisted slightly to R and near R ankle (ct. 3).

NOTE: This movement is mainly from the knees down. There is an accented, strong bend of the knee on ct. 1. Also, there is more movement backward on ct. 1, less movement backward on cts. 2&3.

Meas. 6 Same movements and style as Meas. 5, but with opposite footwork, i.e., starting with a light step back on ball of Lft, twisting L heel slightly to L, etc..

Meas. 7 Same movements and style as Meas. 5.

Meas. 8 With weight on balls of both feet, twist heels outward (ct. 1): Bring heels together sharply and pause (cts. 2-3), releasing Rft at the very last moment in order to go into the next movement.

CUE WORDS FOR MEAS. 5-8, figure II: Right-left-right, left-right-left, right-left-right, apart-together.

This entire figure (8 measures) is done once more, for a total of 2 times.

FIGURE III: "Double Hop Steps Forward"

(REMINDER DIRECTIONS: Stamp Rft hard across in front of Lft, straighten up sharply and hop forward twice on Rft, swinging L leg around and forward. Repeat this forward with Lft, Rft, Lft. Return home with 3 twisting three's and heels apart-together, just as Meas. 5-8 of Fig. II).

Meas. 1 Bend head forward, twist body about 1/8 to L and stamp onto Rft very loudly, straightening head immediately (ct. 1); 2 hops on Rft, moving forward and at the same time turning the body about 1/8 to the R and swinging straight L leg around and forward.

Meas. 2 Stamp onto Lft across in front of Rft, body turned 1/8 to R, etc. Same movements as in Meas. 1, but with opposite footwork and less accent on the stamp.

Meas. 3 Same as Meas. 1, continuing forward, but with less accent on stamp.

Meas. 4 Same as meas. 2, but leave the Rft behind on the 2 small hops.

CUE WORDS FOR MEAS. 1-4 Figure III: Stamp-hop-hop, stamp-hop-hop, stamp-hop-hop, stamp-hop-hop.

Meas. 5-8 Same as meas. 5-8 of figure II.

This entire figure (8 measures) is done once more, for a total of twice.

FIGURE IV - "Brush Step":

(REMINDER DIRECTIONS: Lean forward, brush Rft, hop on Lft, step forward on Rft; stamp L heel forward, step forward Lft, Rft. Repeat all this with opposite footwork, moving forward. Straighten up and return home with 3 twisting three's as in Figure II, Meas. 5-8).

Meas. 1 Lean forward and with a slight slapping movement, brush R. toe from a forward position backward under you (ct. 1); leaving Rft in this position hop on Lft, moving very slightly forward (ct. 2); step forward with Rft (ct. 3).

Meas. 2 With weight on Rft, tap L heel forward as if digging it into the ground, L knee slightly bent (the feel is more that of forward than downward)(ct. 1); 2 light leaping steps forward, Lft-Rft (cts. 2&3).

Meas. 3-4 Repeat the movements of Meas. 1-2 with opposite footwork, beginning with a slapping brush backwards with the L toe, etc.

CUE WORDS FOR MEAS. 1-4 Figure IV; SLAP-hop-step, heel-step-step, slap-hop-step- heel-step-step.

Meas. 5-8 Exactly the same as in Meas. 5-8 of Figs. II and III, i.e. return to place with 3 twisting three's and an "apart-together" of the heels.

The entire figure is done once more, for a total of twice through, before beginning the whole dance all over again.