

FORGATÓS
(Marosszéki)

side:A
band :6

Step 1. KÉT LÉPÉSES (Two step) □□

- a.) w/ R ft step to R, bend knees and w/ L ft step next to R, straighten knees □+ repeat step-close □
b.) w/L ft step to L, bend knees and w/R ft step next to L, straighten knees □+ repeat step-close □

Step 2. BEUGRÓ (Jump-in) ↓▽□

- a.) jump to R w/R ft, bend knee, while swing L lower leg to R, crossing R ft in back ↓+ hold in this pos. ↑+ step to L w/L ft and close R ft next to it □
b.) jump to L w/L ft, bend knee, while swing R lower leg to L, crossing L ft in back ↓+ hold in this pos. ↑+ step to R w/R ft and close L next to it □

Step 3. FORGATÓS (Turning step) ↓↓|

- a.) w/L ft step to L in front of man, turning to L ↓+ step w/R ft to complete turn, arriving on man's L side ↓+ step on L ft to L, bend knee ↓+ straighten knee ↓
b.) w/R ft step to R in front of man, turning to R ↓+ w/L ft step to complete turn, arriving on man's R side ↓+ step to R w/R ft, bend knee ↓+ straighten knee ↓

Step 4. FORDULÓS (Turning around) □ or ↓↓

- a.) Woman - starting w/R ft, turn in place (R- L, etc) to L □
b.) Man - walk around woman starting w/R ft, step to R ↓↓

Step 5. KERESZTEZŐ (Crossing) - Man ↓↓|
w/R ft step to R, facing front ↓+ w/L ft step to L, turn back ↓+ step w/R ft and face front again ↓+ step w/L ft next to R ↓

MOTIFS

I. KÉT LÉPÉSES

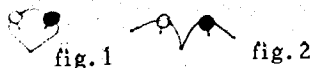
pos: in couples, woman on man's R side, her L hand on his back (above waist), his R hand on her back, from above, other hands holding, palms down and extended fwd (see fig.1.)
Man: S1a+b Woman: S1b+a

II. BEUGRÓ

pos: same as in Motif I.
Man: S2a+(S1a+b)+ S2a Woman: S2b+(S1b+a)+ S2b

III. FORGATÓS

III/A. Man: S1a+b Woman: S3a+b
pos: same as before, symmetrical when woman in on man's L side
Man: 2x(S1a+b) Woman: 2x(S3a+b) at end let hand holding go, face slightly away from ea. other see fig.2.



IV. **FORDULÓS** IV/A. Man: 3xS4b Woman: 6xS4a
pos: man: free arms woman: lower arms upwds
see fig. 3.
Man: 8x(S4b) Woman: 8x(S4a)

V. **KERESZTEZŐ**

starting pos. same as before
Man: (S1a+b) + S5 Woman: 2x (S3a+b) second time alone, arms free



SEQUENCE OF DANCE

A1. (meas. 2/4)	C1	
1-8 4x MOTIF I. (Két lépéses)	1-12	3x MOTIF I. (Két lépéses)
9-16 MOTIF II (Beugró)		MOTIF V. (Keresztező)
B1	13-24	
1-8 MOTIF III (Forgatós)		
9-16 MOTIF IV (Fordulós)	refr.	
B2	B-24	MOTIF V.
1-8 MOTIF III.	C2	
9-16 MOTIF IV.	1-24	Repeat Motifs I, V & V
A2	refr.	
1-8 4x MOTIF I.	B-24	
9-16 MOTIF II.	C3	
B3	1-24	Repeat Motifs I, V & V.
1-8 MOTIF III.	refr	
9-16 MOTIF IV	13-24	
B4	D1.	
1-8 MOTIF III.	1-12	3x MOTIF I.
9-16 MOTIF IV.	13-18	MOTIF III/A
	19-24	MOTIF IV/A
	D2	
	1-12	3x MOTIF I.
	13-18	MOTIF III/A
	19-24	MOTIF IV/A

*KALMAN JUDITH
MAGYAR
LP-41*

RITKA LEGÉNYES
(Slow Lad's Dance)

side:B
band: 1

Formation: solo or in circle, arms free

Step 1. CSAVARÓ HALADÓ (Moving step) ↓↓|
Start from a straddle pos., wt on both ft, upper body leaning slightly fwd

Raising on R toe, turning to R, lift L ft to R ankle ↓+ w/L toe touch ground, knee turned in ↓+ turning L knee out, touch ground w/L heel ↓+ jump into straddle pos. (body still facing R) ↓+ turning to L w/body, raise onto L toe and lift R ft to L ankle ↓+ w/R toe turned in, touch ground ↓+ turning R knee out, touch ground w/R heel ↓+ jump into straddle pos., body face L ↓

Step 2. LEZÁRÓ CSAPO (Slap w/closing) ↓↓|

Jump on L ft, raise and slap R inner boot w/ R hand ↓+ jump on R ft and raise L leg in front, slap inner L boot w/L hand ↓+ stamp on L ft ↓+ raise R leg in front and slap R inner boot w/R hand ↓+ step on R ft, raise L leg in front and slap inner L boot w/L hand ↓+ step on L ft ↓+ clap hands in front of body ↓+ slap R inner boot w/R hand and immediately swing R leg to R ↓+ close R ft to L ft ↓

cont'd. on p. 4

