

Rododachtilos Avgi Mou
Greece

A Greek dance from Artaki in Asia Minor that was introduced by Kalitsa Pantazis at a workshop in the UK. Rodocachtilos Avgi Mou became part of the Sacred Circle Dance Repertoire with instruction by Andy Bettis, Cindy Kelly and Adrian Pointon. It was taught virtually at Surrey IFD in 2020 by Judith English.

Music: 4/4 meter Slow quick quick pattern

Formation: open circle, arms in V position, facing ctr, wt. on L

Steps & styling: gentle, crisp and light <https://www.youtube.com/watch?v=vibU2rXKLGo>

Introduction: 10 meas, music of the instrumental figure

Meas Pattern

Figure 1 Vocal

1. Step R to R (cts 1 & 2), pivoting to face slightly lod step L across R (cts 3 & 4)
2. Pivoting to face ctr, repeat meas 1
3. Step R to R (cts 1 & 2) step L across R (ct 3) step R in place (ct 4)
4. Repeat meas 3 with reverse ftwk & direction
- 5-16 Repeat meas 1-4 three more times

Figure 2 Instrumental

1. Step R to R (cts 1 & 2) step L behind R (ct 3) step R to R (ct 4)
2. Step L across R (ct 1 & 2) step R to R (ct 3) step L behind R (ct 4)
3. Step R to R (cts 1 & 2) step L across R (ct 3) step R in place (ct 4)
4. Repeat meas 3 with reverse ftwk & direction
- 5-8 Repeat meas 1-4 one more time

Alternate figures 1 (Vocal) and 2 (instrumental) until the end of recording