

TRANSLATION : "Line-Răčenica"

AND
BACKGROUND

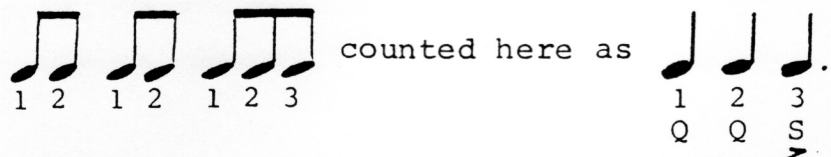
- 1) The word *Răčenica* is derived from the noun *răka* (sg), *răce* (pl); hand or forearm. Many *Răčenicas* are accompanied by beautiful hand and arm movements.
- 2) In dance and music terminology the term *Răčenica* is used to indicate a dance in 7/8 meter (2-2-3) and it is also the name of its basic three-step.

The *Răčenica* is the most widespread dance in Bulgaria and therefore sometimes called "the Bulgarian national dance". It is performed in all kinds of formations and throughout the whole year. Some other *Răčenicas* however, are only done on special occasions, like the ones that are connected with wedding and seasonal festivities.

This *Răčenica* is done in an open circle and therefore gets the extension *na Horo*. It is performed in Trakija and Northern Bulgaria. Simular versions are known danced to a song.

SOURCE : Learned by Jaap Leegwater from Dimitâr Dojčinov, choreographer and danceresearcher from Plovdiv, Bulgaria.

MUSIC : Cassette "PAN BULGARIAN FOLK DANCES" - JL1987.02 by Jaap Leegwater. Side B # III,4

METER : 7/8  counted here as

FORMATION : Open circle. Hands held in W-position.

INTRODUCTION : 16 measures

MEAS PATTERN

- 1 facing ctr, moving sdwd R,
lift on ball of L ft (ct 1),
step on R ft, extending arms fwd high (ct 2),
step on L ft across behind L ft, swinging arms down (ct 3)
- 2 step on R ft diag R fwd, swinging arms bkwd (ct 1),
bring L leg fwd with knee bent and turned out,
swinging arms fwd low (ct 2-3)
- 3 step on L ft in front of R ft in 4th-position, bending
both knees and swinging arms back in W-position (ct 1-2),
lift on ball of L ft, taking R ft off the floor (ct 3)