




RĂCENICA "NA REVO"  
(Bulgarian)

Although no information is presented with the original notation as to the geographic area from which this particular răcenița comes, its steps contain characteristics of those from the Danubian Plain. It probably originated in the area west of Lukevit and the Isker River. In the Danubian Plain dances are mainly mixed. The difference between the man's and women's dancing is not as striking as in the Šope and Thracian dances. Dances of the Danubian region are based on simpler steps. They are danced lightly at a fast pace, are more free and have a definite feeling for humor and gaiety.

- SOURCE:** Described in "Danses de Bulgarie" - Livret Réalisé Parle Groupe D'Expression Populaire".
- MUSIC:** Record: Dansa 001, "Bulgarian Folklore Songs and Horos", Side 1, Band 4, "Mihaïlovgradiska Ruchenitsa."
- RHYTHM:** 7/16  (one),  (two),  (three)
- FORMATION:** Men and women in a mixed line grasping each other's belt at the side. Right arm is in back of the adjacent dancer's left arm. Elbows relaxed.

MUSIC 7/16

PATTERN

Meas

STEP I.

- 1 Turning very slightly L, step on R ft in front of L (cts 1-2). Hop on R ft (ct 3).
- 2 Turning slightly to the R, step on L ft in front of R (cts 1-2). Hop on L ft (ct 3).
- 3 Moving fwd step on R ft (ct 1), step back on L ft (ct 2), step back on R ft with slight accent (ct 3).
- 4 Repeat meas 3 using opp ftuk.
- 5-16 Repeat meas 1-4 three additional times.

STEP II.

- 1 Hop lightly on the L ft - raising the R ft near the L ankle while turning the R heel very slightly outward (ct 1). Step on R ft behind L (ct 2). Step on L ft behind the R with a slight accent (ct 3).
- 2 Repeat meas 1.

RACENICA "NA LEVO" - Cont'd

Meas.

- 3 Turning L, run lightly on R (ct 1), on L (ct 2) and on R with a slight accent (ct 3).
- 4 Turning fwd, lightly run on L (ct 1), on R (ct 2) and on L with a slight accent (ct 3).
- 5-16 Repeat meas 1-4 three additional times.

STEP III.

- 1 Place the R ft flat on the floor beside, and slightly fwd of L in an easy motion (ct 1). Hold (ct 2). Leap lightly sdwd onto the R ft bringing the L leg up into a low fwd flexion (ct 3).
- 2-3 Hop R ft (ct 1). Step slightly to L with L ft (ct 2). Step on R ft across and in front of L with a slight accent (ct 3). Hop on R ft (ct 1). Step slightly to L with L ft (ct 2). Step on R ft across and behind L (ct 3).
- 4 Repeat meas 1 using opp ftwk.
- 5-16 Repeat meas 1-4 three additional times.

STEP IV.

- 1 Take a small step to the R with R ft - stepping very slightly fwd (ct 1). Step on L ft across and in front of R (ct 2). Step back onto R ft with a slight accent (ct 3).
- 2 Repeat meas 1 using opp ftwk.
- 3 Moving fwd, step on R ft fwd and across L (ct 1). Close L ft to the R (ct 2). Step on R ft fwd and across L with a pronounced accent (ct 3).
- 4 Repeat meas 3 using opp ftwk.
- 5-8 Repeat meas 1-4.

DANCE PATTERN

Dance steps one, two, three and four.  
Repeat sequence of steps two, three and four.  
Repeat dance from beginning.  
Dance step one.  
Dance 8 meas of step two.  
Dance 8 meas of step three

RÂČENICA "NA LEVO" = Cont'd

\*The original notes title this dance simply "Rutschenitza (Dance Nationale)". For ease of identification these notes utilize the name "RÂČenica Na Levo" (RÂČenica to the left) referring to the characteristic leftward motion of the dance.