

RUGOVO

(ROO-go-vo)

(Yugoslavia--a section where 90% of the people are Albanian)

Record: Worldtone WT-LP-64-701, Side 1, Band 6

Formation: Separate lines. M with hands on neighbors' shoulders.
W with hands joined at shoulder height, elbows bent.

Rhythm: 2/4 meter

Style: W make small motions, M make very large motions. Dance is done in sitting position.

MeasPattern

- 8 Introduction
- PART I
- 1 Facing ctr, jump on both ft apart, toes pointing out, knees bent (ct 1),
step L across R (ct 2).
- 2 Jump on both ft apart again, L toe and head facing to L (ct 1),
raise L leg out to L in bkwd bicycle motion (ct 2).
- 3 Jump on both ft apart, R toe and head facing to R (ct 1), raise R leg
(knee bent) in back of L leg (ct 2).
- PART II
- 1-4 Repeat action of Part I, except that meas 2 is done twice before meas 3.
- PART III
- 1-4 Repeat action of Part I, except that meas 3 is done twice.
- PART IV (M only; W continue with Part III)
- 1 Moving in LOD, step R (ct 1), step L (ct 2).
- 2 Lunge fwd on R in LOD with L kneeling bkwd as far as possible, body
bent over, head facing in LOD (ct 1), hold (ct 2).
- 3 Straighten body (ct 1), hold (ct 2).
- 4 Rise on L ft (ct 1), raise R leg (knee bent) in back of L leg (ct 2).

Note: Leader indicates changes of figures by raising R hand.

As presented by Atanas Kolarovski
at Stockton Folk Dance Camp, 8/7/71

Notes by Marcel Vinokur with assistance
of Ruth Miller