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RUMUNJSKO KOLO

(Roumanian)

This particular version of this kolo was taught to members of the Research Committee in 1950 by Milan Pakaski, a native of Yugoslavia.

MUSIC: Record: Balkan 525 B "Rumunjsko Kolo"
FORMATION: Broken circle; hands joined at hip level, shoulders and arms relaxed. Leader at R end of line.
STEPS: Rocking step, step-hop, running step.

MUSIC 4/4	PATTERN
Measures	<i>Introduction:</i> The group may wait four measures and begin the dance on the rocking step, or they may begin with the first beat of music, using the step described as II, and have no formal introductory music. This arrangement has the wait of 4 measures.
1-4	<p>I. <i>Rock and Stamp</i></p> <p>Face into the center of the circle with hands joined, low. Arms and hands move fwd and bwd easily with the normal rhythmic movement of the body. Rock fwd onto R ft, crossing R ft diagonally over L, displacing L, at same time lifting L behind R, L knee bent (ct 1) rock bwd onto L, lifting R ft in front (ct 2), rock fwd onto R (ct 3), swing L ft fwd and diagonally over R, at same time hop slightly on R (ct 4); step onto L in original place of R, displacing R (ct 1), rock bwd onto R (ct 2), rock fwd onto L (ct 3), swing R ft fwd and diagonally over L, at same time hop slightly on L (ct 4); step onto R in original position of L (ct 1), rock bwd onto L (ct 2), rock fwd onto R (ct 3), bring L ft beside R (<i>do not step onto L</i>) (ct 4); stamp on ball of L ft 3 times beside R ft without taking weight on L (ct 1, 2, 3), hold, keeping weight on R ft (ct 4).</p> <p>Note: A slight leap is used on each fwd and bwd "rocking" step.</p>
5-8	Repeat action of I meas. 1-4, beginning the rock on the L ft and finishing with 3 stamps on R ft.
9-10	<p>II. <i>Step-Hop, Running Step</i></p> <p>Face CCW in circle. Beginning with R ft move in LOD with 2 step-hops (R, L). Continue in LOD with 3 running steps (R, L, R) and 1 hop R. On the hop turn one-half L to face in CW direction.</p>
11-12	<p>Beginning by stepping bwd on L, repeat action of meas. 9-10, moving bwd in CCW direction. On last hop turn one-fourth R to face center of circle.</p> <p>Repeat all of dance as many times as desired.</p>
	<p>Note: The steps may all be performed in a circle formation, or the leader may lead the group in many serpentine patterns. All steps should be small and done well under the body. Stand straight but relaxed—no tension in the arms or legs (especially the knees). Rocking is done with the knees, not with the body.</p>