

# Ruskaya Krugovaya Kadril

(Russia)

This dance from central Russia, is part of the choreographic work of Olga Zolotova. It was introduced in western European countries in 1987 by Hennie Konings.

Pronunciation: ROOS-kah-yah kroo-GOH-vah-yah kah-DREEL

Cassette: Russian Dances - Hennie Konings<sup>B/I</sup> CD 14 2/3 meter

Formation: Cpls facing in a circle, M back to ctr. Inside hands joined at shldr height, free hand on waist.

Steps: Heel-step: Step fwd on heel (ct 1); put full wt on ft sharply (ct &).  
Ftwk described for M, W use opp ftwk.

## Meas

## Pattern

8 meas INTRODUCTION. No action.

### FIGURE I

- 1 Turning away from ptr (back to back), <sup>moving in LOD</sup> ~~step~~ on L to L (ct 1); stamp on R (with wt) near L and slightly fwd (ct &); step on L back in place (ct 2). The free hand moves (arcs) from the waist fwd then sdwd so that the arm ends extended sdwd at chest height with palm up.
- 2 Repeat meas 1 with opp ftwk and turning twd ptr (face to face). End in beg pos somewhat facing ptr, hand returns to waist. Release hands at beg of next meas.  
Moving fwd in LOD:
- 3 M: Fall fwd on L as R lifts bkwd, lean fwd slightly (ct 1); clap hands fwd at chest height (ct &); repeat cts 1,& with opp ftwk (cts 2,&).
- 4 M: Repeat meas 3, cts 1,& (cts 1,&); fall fwd on R (ct 2).
- (3-4) W: With both hands on the waist and moving in LOD, turn CW (R) once. Step R,L,R (cts 1,&2); repeat with opp ftwk.
- 5-16 Repeat meas 1-4, 3 more times (4 in all).

### FIGURE II

- Both face LOD, side by side with inside hands joined, <sup>in W-pos. M L hand behind back.</sup> all hands in W-pos at shldr height except for ML behind back. <sup>W arm bent, forearm parallel to floor, hand crossed back</sup>
- 1-3 Move fwd with 6 heel-steps, beg L <sup>moving to side when stepping on R and across body when</sup> hand. <sup>heel stepping</sup>
- 4 Step on L heel fwd (ct 1); step on R back in place (ct &); step fwd on L with an accent (ct 2).
- 5-6 Do 4 heel-steps fwd, beg R.
- 7 Release hands. Step fwd on R (ct 1); pivot 1/2 CW (R) in place to end facing RLOD (ct 2).  
Rejoin inside hands, all hands in W-pos except M L hand behind back. <sup>momentarily joining both hands</sup>
- 8 Step on L heel fwd (ct 1); step on R back in place (ct &); step fwd on L with an accent (ct 2).
- 9-16 Repeat meas 1-8, beg R in RLOD. End facing ptr.

Repeat dance from beg to end of music.

Presented by Hennie Konings

Description by Dorothy Daw