Russian Round Dance

Round Dance Russia Presented by Alexandru David

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Source:	Alexandru danced the Round Dance with the Romanian State Ensemble.
Formation:	circle
Handhold:	none, arms either crossed in front of chest, or fists at waist
Music:	
measure	2/4 4/4 description
1-8	
1-0	introduction
	fig 1 walk LOD, arms crossed in front of chest
1	walk R,L,R (cts1,&,2), leaving L behind (ct&)
1 2 3-8	reverse ms 1 still LOD repeat ms 1-2 end facing center, bring fists to waist on last ct
	fig 2 fists at waist, down up to R & L hands spread offer on True lend and were
1	travel sdwds R step R to R down (ct1), step ip L behind R (ct&), step R to R down (ct2), step up L behind R (ct&)
2-3	repeat ms 1 fig 2
2-3 4 5-8	step R,L,R in place (cts1,&,2) reverse ms 1-4 fig 2 travel sdwds L
	fig 3 face center fists at waist
1	brush R out to side R (ct1). brush R across L (ct&), brush R out to R side (ct2), brush R behind L
2	bending L knee (ct&) travel sdwds L step up on R behind L (ct1), step L to L down (ct&), step up R behind L (ct2),
3-6	step L to L down (ct&) repeat ms 1-2 fig 3
3-6 7	repeat ms 1 cts 1,& fig 3, step R across L turning to L (ct2), step L behing R continue turn to L (ct&)
8 9-16	step R,L,R in place finish turn face center (cts1,&, reverse ms 1-8 fig 3
	fig 4 L fist at waist, R arm out to side, palm up, look R
1 .	making a sq formation, step R to R w/ bent knee (ct1 step L behind R turn \(\frac{1}{4}\) to R (ct\(\frac{1}{4}\)), step R to R
2	w/bent (ct2), step L behind R turn 1 to R (ct&) continue ms fig 4 end w/a closing stamp L & clap
3-4	onct 2 ms 2 reverse ms 1-2 fig 4
3-4 5-8	repeat ms 1-4 fig 4

Round Dance cont

fig 5 face center, fists at waist

1	step R to R (ct1), step L behind R (ct&), step
2	R to R (ct2), stamp L in pace no wt (ct&) reverse ms 1 fig 5
3	walk into center opening arms frwd & out R.L.R
4	(cts1,&,2), brush L frwd (ct&) hop on R turn ½ to R bending L knee, bring fists
5-8	to waist (ct1), stamp L.R in place (cts &,2) repeat ms 1-4 fig 5 travel to outside of circle

fig 6 into front basket r over while doing step

up-beat &	brush R out to R
	travel sdwds L step R across L down (ct1),
	step up L to L (ct&), step R across L down (ct2),
	step up L to L (ct&)
	repeat ms 1 fig 6 brushing L out to side on
	& of ct 2 ms 8
	reverse ms 1-6 fig 6
15	release hands & ppen, back out of circle R.L
	(cts1,2)
16	plie on L extend R heel to front (ct1),
	close R to L return arms crossed in front of chest (ct2)

repeat whole dance

Dance notes by Maria Reisch

Récord syllabres.
Barinja Russian Follà Dances