

Rustemul cazut

(Oltenia, Romania)

Pronunciation:

Cassette: Romanian Dances by N. Hilferink–Stockton 1998

6/8 meter

Formation: Mixed line of dancers, arms start in hora hold (W-pos), then swing down and back with first variation only.

Meas

Pattern

INTRODUCTION. None.

PART A

- 1 Facing ctr and travelling sdwd R, arms swinging back, step on R to R (cts 1, 2); step on L beside R (ct 3); swinging arms fwd, step on R to R (cts 4, 5, 6).
- 2 Arms swinging bkwd, step on L across R (cts 1, 2, 3); arms swinging fwd, kick R fwd (cts 4, 5); hop on L lifting R knee (ct 6).
- 3 Arms swinging bkwd, step back on R (cts 1, 2); hop on R, lifting L knee (ct 3); arms swinging fwd, step back on L (cts 4, 5); hop on L, lifting R knee (ct 6).
- 4-9 Repeat meas 1-3 twice.
- 10 Step on R to R (cts 1, 2); step on L across R (ct 3); step on R in place (cts 4, 5, 6).
- 11 Repeat meas 10 with opp ftwk.
- 12 Stamp R fwd with wt (cts 1, 2, 3); stamp back on L with wt (cts 4, 5); hop on L, lifting R knee (ct 6).

PART B

- 1 Facing ctr and travelling sdwd R, hands in W-pos, step on R to R (cts 1, 2); step on L in front of R (ct 3); step on R to R (cts 4, 5); step sdwd on L to L (ct 6).
- 2 Step on R to R (cts 1, 2); step on L in front of R (ct 3); step on R to R (cts 4, 5, 6).
- 3 Jump onto both ft together (cts 1, 2, 3); hop on L, kicking R fwd (cts 4, 5); hop on L, lifting R knee (ct 6).
- 4 Step back on R (cts 1, 2); hop on R, lifting L knee (ct 3); step back on L (cts 4, 5); hop on L lifting R knee (ct 6).
- 5-8 Repeat meas 1-4.

PART C

- 1 Facing LOD and travelling bkwd, arms in W-pos, step back on R (cts 1, 2); hop on R, lifting L knee (ct 3); step back on L (cts 4, 5); hop on L, lifting R knee (ct 6).
- 2 Step back on R (cts 1, 2); step back on L (ct 3); turning to face ctr, stamp R to R with wt (cts 4, 5, 6).
- 3 Facing ctr and travelling sdwd L, step on L to L (cts 1, 2); step on R beside L (ct 3); step on L to L (cts 4, 5); step on R beside L (ct 6).
- 4 Step on L to L (cts 1, 2); step on R beside L (ct 3); stamp L to L with wt (cts 4, 5); turning to face LOD, hop on L, lifting R knee (ct 6).
- 5-8 Repeat meas 1-4.

Rustemul cazut—continued

PART D

- 1 Facing ctr, place R heel on floor in front (cts 1, 2); hop on L (ct 3); place R toes on floor in back (cts 4, 5); hop on L (ct 6).
- 2 Repeat meas 1.
- 3 Step fwd on R, lifting L knee (cts 1, 2, 3); leap onto L, kicking R fwd (cts 4, 5); hop on L (ct 6).
- 4 Step back on R (cts 1, 2); hop on R, lifting L knee (ct 3); step back on L (cts 4, 5); hop on L, lifting R knee (ct 6).
- 5-8 Repeat meas 1-4.

Sequence: Dance pattern as written 4 times in all.

Presented by Nicolaas Hilferink