



Presented by Sunni Bloland

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Some of the dances on HAI LA JOC were learned by Sunni Bloland from "Puiu" Vasilescu and Sunni's colleague and counterpart in Holland, Marius Korpel.

PRONUNCIATION: Roo-stem-ool Soo-cheet

RECORD: HAI LA JOC, Noroc Vol. I, Side B, Band 1

RHYTHM: 2/4, Counted: &,1,&,2 
or
&,1,&,2 

FORMATION: Mixed, short lines. Hnands in "W" pos.

METER: 2/4

PATTERN

Meas.

INTRODUCTION: 8 meas.

FIG. A:

Facing ctr, preparatory step, lift L heel (ct &).

1 Step R to R (ct 1), step L in front of R (ct &), step R in place (ct 2), lift R heel (ct &).

2 Repeat meas 1, with opp ftwk.

3 Repeat meas 1.

4 Moving fwd, step L to L (ct 1), step R in front of L (ct &), step L fwd almost closing to R (ct 2), step R diag R (ct &).

5 Step L fwd (ct 1), step R in front of L (ct &), step L fwd almost closing to R (ct 2), hop on L (ct &).

Note - In meas 1-5 arms swing bwd and fwd rhythmically: Hands down on ct 1, up on ct 2.

6 Moving bwd, step R directly behind L (ct 1), hop on R (ct &), step L directly behind R (ct 2), hop on L (ct &). Arms swing up to "W" pos on ct 1.

7-8 Moving sdwd R, 3 gallops (step-close)(ct 1,&,2,&,1,&), step R to R (ct 2), hop on R (ct &). In "W" pos hands rotate to make small fwd circles.

9-16 Repeat meas 1-8, with opp ftwk and direction. Omit hop on final ct & of meas 16.

FIG. B:

- 1 Sway R (ct 1), sway L (ct 2).
- 2 Pas de Basque to R: Step R to R, step L across R, step R in place (cts 1,&,2).
- 3-4 Repeat meas 1-2, with opp ftwk and direction.
- 5 Facing diag R, step fwd R (ct 1), continue diag fwd, step L (ct 2). Arms swing down and up.
- 6 Facing diag R and moving out of the circle, step R to R (ct 1), close L to R (ct &), step R to R (ct 2).
- 7 Step L slightly to L, twisting body to L (ct 1). Hop on L as body turns to face ctr, R leg with lifted knee swinging to R (ct &), facing ctr, moving to R, step R (ct 2), leap-close L to R (ct &).
- 8 Repeat meas 7, cts 2,& (step-close) (cts 1,&), step R to R (ct 2), hold (ct &).
- 9-16 Repeat meas 1-8, with opp ftwk and direction. Add preparatory heel-lift at end of meas 16.

Repeat dance from beginning.