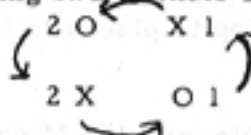


RUZGA de SANTA MARTA
(Portugal)

This dance for two couples was learned in Portugal in 1962 by Madelynne Greene. It was taught to her by the Grupo Folklorico de Santa Marta de Portuzelo by arrangement with Dr. Sousa-Gomez, director and founder of the group. Ruzga is pronounced rouge-ga.

Music: Record: Express 228

Formation: Two cpls facing fwd in their Line of Direction as follows:



Arms are curved upward, hands held a little above head level.

Steps: Step Close Step, Pivot - Two-step with pivot:
Step R, close L, step R, raising L knee up as you pivot or half turn to L, then dance bwd, step L, close R, step L and at the same time raise R and pivot 1/2 turn to R. Continue as above. M will begin bwd on L ft and W will begin fwd on R. ft.

Two Step Clapping:

Step close step. A simple step-close-step keeping ft close to floor. Accenting each step by clapping hands, quick-quick-slow; quick-quick-slow, etc.

Gallop to Center:

Slide-close, slide-close, slide-close, jump with L shoulders to ctr. (Take 3 galloping steps to L then jump lightly onto both ft, then 3 gallops to R and jump to R out of circle, back to place.)

Measures

2/4

2 &

Pattern

The 4 people at first stand facing LOD. The M stamp their R ft on the first 2 notes of music and sharply pivot 1/2 turn to their L to face their own ptr who is behind them

1-32

I. TWO STEP WITH PIVOT

The cpls begin to dance Step I "face-to-face" and "back-to-back" in the circle 32 steps in all (first time only - upon repeating the dance, Step I is done only 16 times). The M pivot to face own ptr (behind him) then pivots to face W in front of him. The W begin the two-step on R ft moving fwd, then pivot and dance the next step bwd, etc. An easy way to remember is: the first step of each meas is always on the outside ft whether facing fwd or bwd.

Style note: The W who wear very heavy woolen skirts swing them sharply as they pivot revealing their pretty petticoats.

1-8

II. TWO STEP CLAPPING HANDS

The 2 W facing ctr clap their hands as the 2 M (clapping also)

Continued...

RUZGA de SANTA MARTA (cont).

progress with simple two-steps fwd in the circle passing on the first 4 steps behind the W in front of them and continuing on the next 4 steps to the opp M's place.

III. GALLOP TO CENTER

1-8

The 2 M do 3 gallop steps to ctr, leading with L shoulder. On the jump part of step they will be facing each other in the ctr. As they gallop out of ctr, the W gallop in (having turned 1/4 turn first to lead with their L shoulder to ctr). Then the M gallop in again as W gallop with long steps out, and then all gallop to places to begin the dance again.

I, II, III

The dance repeats with the M now in reversed pos in the circle. They begin bwd to face new ptr.

Fig I has only 16 meas.

Continue Fig III to end of music. There is no pose at end.

Presented by: Madelynne Greene