

(3) Rock forward (man), rock back, rock forward, clap, clap.

(4) Other foot, rock forward, back, away, rock forward.

(5) Gentleman reaches both hands around the lady's waist and claps twice.

(6) Lady (at the same time) reaches both arms around gentleman's neck and claps twice behind his head.

(7) Waltz for twelve measures.

(8) Gentlemen turns the girl under his left arm (turning her in a right face rotation). She rolls on to the next man, faces him and on the final measure, both clap twice. The rhythm of the last four measures should be "turn, roll, face, clap, clap".

Leaders Cue

Demonstrate for best results.

MEZCLADOR DE MEXICANO
MEXICAN MIXER MEXICAN

Music: Imperial 1033 "Soldiers Joy" (Any 4/4 count square dance tune)

Formation

Promenade position to start the dance. Couples side by side.

Action

(1) Walk four forward steps, starting on outside foot. Join two hands and do a grapevine step to man's left, lady's right. (step, behind, step, swing free foot). Repeat all in opposite direction.

(2) In single circle formation, men facing out, ladies facing in, join hands so lady has left hand to corner, right hand to partner. Balance forward and back, then turn with four steps, holding right hand partner only, and finish with ladies facing out. Balance forward and back, turn left hand person halfway around, and keep this person for your new partner.

Leaders Cue

Walk, two, three, four. Step, be-

hind, step swing. Slide, slide, slide, slide. Back, two, three, four. Step, behind, step, swing. Slide, slide, slide, slide. Balance forward, balance back; turn half-way; Balance forward, balance back, turn halfway and promenade.

LA RASPA

MEXICAN

A bit tiring, however, youngsters of all ages enjoy this dance. Try it on the eight to eleven crowd. This can also be done as a threesome.

Music: "La Raspa", Peerless 2238

Formation

Partners face each other in a double circle. A method of getting them into this position is to have them form a single circle with the lady on the man's right. Then, have the man walk to the inside circle facing the lady and take hold of her hands.

Action

(1) Put the right foot forward, then left, then right and hold.

(2) Repeat, starting with the left foot.

(3) Do all of the above once more.

The above is done on the chorus of the music, which is the first you hear. The second part has many variations, the easiest of which is as follows:

(1) Partners clap hands together and swing with the right elbows hooked for eight counts.

(2) Partners clap hands and swing with the left elbows for eight counts. Repeat with each elbow.

Leaders Cue

Right, left, right and hold. Left, right, left and hold. Right arm hook; left arm hook.

RYE WALTZ

AMERICAN

A good mixer to use with a group that likes to waltz.

it has been taught to group. The group will appreciate the variety.

Action

(1) All place left heel forward, then bring left foot back beside right.

(2) Place right toe back, then touch right toe beside left foot.

(3) Place right heel forward, then bring right foot back beside left.

(4) Place left heel forward, then kick left foot across in front of right.

(5) Step diagonally forward to the left with left foot, draw right foot to it, step diagonally forward again to the left, pause; then step diagonally forward to the right, draw left foot up to the right one, step right again, pause.

(6) Repeat.

Leaders Cue

Left heel, right toe, right heel, left kick.

Schottische to the left, schottische to the right.

BUNNY HOP *AMERICAN*

The value of this dance is in the fact that younger groups enjoy doing it and the leader does not have to call it.

Music: Capitol #2427

Formation

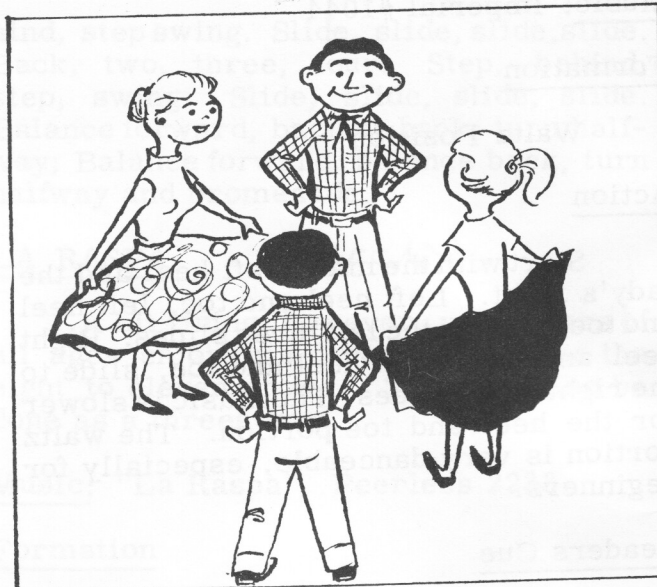
The Bunny Hop can be done in lines or in couples.

Action--Leaders Cue

Start the music and let them do the rest.

DUTCH FOURSOME *ENGLAND*

This is perhaps the most difficult of all the dances presented in this circular. The best way to teach it is to demonstrate.



Music: Record: London 734 "An English Dance"

Formation

Sets of two couples, one facing another around the circle. Men have free hands on hips, ladies hold skirts.

Action

(1) Holding inside hands, step swing in place starting on outside foot. Walk across, passing right shoulders (ladies on inside, man on outside) through opposite couple with three steps.

(2) Immediately face own partner on opposite side, man points right toe, lady points left toe as you join right hands, balance forward and back and change places with own partner, face opposite couple. Repeat above and get back to original position.

(3) Face partner with a two hand hold, do a step swing towards opposite couple, then away from them. Now, cross over as in part one, man passing on outside, ladies on inside, but twirl across as you release hands. Now join two hands with opposite person (not your partner) and do a step swing toward and away from opposite couple, drop hands and twirl across.

(4) Two hands to own partner, step swing and twirl, two hands to opposite person, step swing and twirl across to home position.