



- (1) step on ball of R ft across behind L (ct 1)  
 move L with straight knee along the floor sdwd (ct 2-3)  
 step on L sdwd, lift R ft behind L calf (ct 4)  
 hold (ct 5-6).  
 continue basic step in this position

Fig. 4

- 8 Men and women (odds and evens) change position  
 Men: stepping fwd out of the center, turning 180' CCW  
 Women: stepping fwd to the center, turning 180' CW  
 arms as described in Fig. 3  
 continue basic step in this position.

Fig. 5

- 8 women stepping out of the center, turn 180' CCW  
 (ct 1-2), arms slowly moving back to V-position,  
 continue basic step in this position (ct 3-8)  
 eventually moving back to starting position to  
 repeat the slow part from the beginning, line close  
 together again.

Fig. 6 (Fast part)

- 1 facing slightly diagonal R and moving LOD,  
 step on R, swing arms a little fwd (ct 1-3)  
 step on L, swing arms a little bkwd (ct 4-6)
- 2 step on R, swing arms a little fwd (ct 1-2)  
 pump L heel, swing arms a little bkwd, bend upper  
 part of the body slightly L (ct 4-6)
- 3 repeat meas 2 reversing direction and ftwk.  
 repeat this figure a total of 4 times.

Fig. 7

- 1 facing slightly diagonal R and moving LOD,  
 skip R, swing arms fwd (ct 1-3)  
 skip L, swing arms bkwd (ct 4-6)
- 2 jump on both feet together, swing arms fwd (ct 1-3)  
 hop on R and pump L heel, swing arms bkwd (ct 4-6)
- 3 repeat meas 2 reversing direction and ftwk.  
 repeat this figure a total of 4 times.

Fig. 8

- 1 facing and moving LOD, leap on R arms fwd (ct 1-3)  
 leap on L, swing arms bkwd (ct 4-6)
- 2 turn to face center and jump on both feet together  
 toward the center, swing arms fwd (ct 1-3)  
 leap on L bkwd, lift R ft behind, swing arms bkwd (ct. 4-6)  
 on 8th and last repetition of this figure  
 leader calls "son, son". Finish with a jump on  
 both feet at close of measure and music.