

VALLE - SHOTA
(Kosovo, Jugoslavia)

SOURCE: Valle is the Albanian word corresponding to the Serbian Kolo or Macedonian Oro. Shota is another popular name for this particular dance. This dance belongs to the Pravo family of dances. I've based it on variations learned from ethnic Albanians in Jugoslavia, Germany, and the Mid-West. Also, I've learned variations from Janet Reineck.

PRONUNCIATION: VAHL-leh of SHOW-tah

MUSIC: Garlic Press Productions GPP-004

FORMATION: Open circle, leader at R, hands up in "W" pos

METER: 2/4

MeasPATTERNINTRODUCTION:

PART I
BASIC I

- 1 Facing slightly R of ctr, step R ft fwd (ct 1); step L ft fwd (ct 2)
- 2 Turning to face ctr, step R ft to R (ct 1); tch ball of L ft slightly fwd (ct 2)
- 3 Step L ft in place (ct 1); tch ball of R ft slightly fwd (ct 2)

BASIC II

- 1 Facing ctr, step R ft to R (ct 1); cross and step L ft behind R ft (ct 2)
 - 2 Step R ft to R (ct 1); tch L ft beside R ft (ct 2)
 - 3 Step L ft fwd twd ctr (ct 1); tch R ft beside L ft (ct 2)
- NOTE: Meas 2-3 may be danced as soft "Pas de Basque"-like steps barely distinguishable from the step-tchs (cts 1,&,2)

CHICAGO VARIATION

- Coming out of Basic II, onct & before ct 1, rise onto ball of R ft
- 1 Step L ft (actually land on it) in front of R ft with slightly bent knees (ct 1); step onto ball of R ft (ct &); step or land on L ft in front of R ft (knees slightly bent)(ct 2); hold(ct&)
 - 2 Step R ft to R (ct 1); step onto ball of L ft behind R ft (ct&); step R ft in place (ct 2); NOTE: this is actually a soft Pas de Basque (cts 1,&,2)
 - 3 Rpt action of meas 2 of Chicago Variation with opp ftwk

Leader changes variation at will.

CHICAGO VARIATION (cont'd)

PART II

Musical Interlude: Walk slowly around the circle with hands in a "V" pos - Movement is in a CCW direction

CHICAGO VARIATION II

Musical texture changes: It becomes more abrupt, more staccato. On ct & before ct 1, transfer wt onto ball of R ft then:

- 1 Immediately land on L ft (knees slightly bent) in front of R ft (ct 1); This is a "ker-PLUNK" syncopated step. Rpt "ker-PLUNK" step (ct &,2)
- 2 Step R ft to R (ct 1); step or rock onto ball of L ft behind R ft (ct 2); step onto R ft in place (ct &)
- 3 Rpt action of meas 2 of Chicago Variation II with opp ftwk

RUGOVO VARIATION

- 1 Facing ctr, jump slightly but sharply onto both ft about shldr-width apart (ct 1); step L ft behind R ft (ct 2)
- 2 Jump onto both ft as in meas 1 above (ct 1); lift on R ft and lift L ft sharply up to L with slight kicking action (ct 2)
- 3 Rpt action of meas of Rugovo Variation with opp ftwk.

Presented by Stephen Kotansky
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