

Vari Hasapiko

(Greece)

There are an almost infinite number of variations to this most famous of Greek dances. This is the sailor's dance or Zorba's dance which is also done extensively in Greek Taverns all over the world. These are just a few of the variations learned by Bill Aspros from Athan Karras.

Record: Any Vari, Hasapiko or Syrtaki. FK-Lp 3 has a nice one.

Formation: Originally danced only by men, women now dance it too. Shoulder hold, short lines (3-4 at most).

Style: Vari means "heavy". Knees bent, body tensed fwd.

Basic Step

- 1 Small leap fwd on L (ct 1). Touch R toe behind L (ct 2).
- 2 Touch R in front of L (ct 1). Lift R (ct 2).
- 3 Step bkwd on R (ct 1). Lift L (ct 2).
- 4 Step to L rear on L foot (ct 1). Lift R (ct 2).
- 5 Step to R on R (ct 1). Step fwd on L, knee straight (ct 2).
- 6 Step bkwd on R (ct 1). Hold (ct 2).
- 7 Touch L heel fwd (ct 1). Hold (ct 2).
- 8 Repeat measure 7.

This is the basic Hasapiko as it is most usually done. Leader of each line can call variations at will.

Variations:

Zorba (moving R)	Minerva (moving L)
Zorba with turn	Also various dips and turns
Giorgos (moving fwd)	