

MECHOL HA'OHAVIM ( continued )

<u>Measures</u>	<u>Counts</u>	<u>Description</u>
<u>Part A - (continued)</u>		
6	1-2	Repeat cts. 1-2, Meas. 5, Part A, while turning to face partner. L hands joined, M's back to center
	3-4	2 Sways R, L
7	1-4	Yemenite R while lifting R hand and joining them above head to create a window.
8	1-3	3 Steps in place L, R, L while returning to original position, side by side facing LOD.
	4	Hold
9-16		Repeat Meas. 1-8, Part A. End facing partner.
<u>Part B - (L hands joined)</u>		
1	1	Step R to R
	2	Brush L across R
	3	Cross L over R w/bent knees, L shoulders adjacent
	4	Step R back in place
2	1-4	Repeat Meas. 1, Part B, reverse footwork and direction
3-4		Repeat Meas. 1-2, Part B, w/R hands joined
5	1-3	Two-step R fwd.
	4	Brush L fwd.
6	1-4	Repeat Meas. 5, Part B, reverse footwork
7-8		2 Two-steps R, L turning 1 full solo turn to R, end facing partner
9-10		2 Two-steps R, L turning 1 full turn together in a buzz hold
11-12		2 Two-steps R, L, M in place, W turns under M's L hand 1 full turn



*Blue Star 1980*

VE'AHAVTA LERE'ACHA  
Circle Dance

The dance is done with a Chassidic dance style.

Translation: Love Thy Friend  
 Dance: Shimon Shorer  
 Meter: 4/4  
 Formation: Circle, no hand hold, face LOD (CCW) hands up, palms facing body

<u>Measures</u>	<u>Counts</u>	<u>Description</u>
<u>Part A - ( no hand hold, face LOD (CCW))</u>		
1	1-4	2 Fast two-steps fwd. R, L
2	1-4	Repeat Meas. 1, Part A
3	1	Hands on chest, step R to R
	2	Step L behind R
	3	Step R to R
	4	Close L beside R
4	1-3	Repeat cts. 1-3, Meas. 3, Part A
	4	Close R beside L while turning to face center
5	1-4	2 Two-steps fwd. R, L, toward center while bending knees
6	1-4	Repeat Meas. 5, Part A, reverse direction while lifting arms
7	1-4	Repeat Meas. 3, Part A
8	1-4	3/4 Turn to L (CW) - L, R, L, R, end facing LOD (CCW)
9-16		Repeat Meas. 1-8, Part A, end facing center

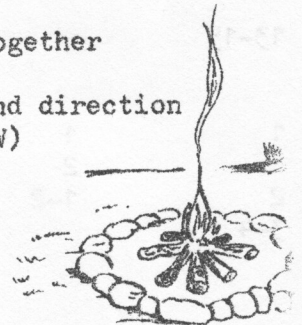


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VE'AHAVTA LERE'ACHA (continued)

<u>Measures</u>	<u>Counts</u>	<u>Description</u>
		<u>Part B - (face center, in a shoulder hold)</u>
1	1-2	Fast two-step w/R to L - R across L, L to L, R crosses over L
	3	Step L in place while bending knees
	4	Touch R in front of L while bending knees
2	1-4	Repeat Meas. 1, Part B
3	1	Step R to R
	2	Step L behind R
	3	Step R to R
	4	Close L beside R
4	1-3	3 Step turn to L (CW), L, R, L, end w/feet together
	4	Hold
5-8		Repeat Meas. 1-4, Part B, reverse footwork and direction
9-16		Repeat Meas. 1-8, Part B, end facing LOD (CCW)

*Blue Star 1980*



HAGASHASHIM  
Couple Dance

A love dance where the man courts the woman. Done to a Mediterranean styled melody.  
 Translation: The Scouts ( Trackers, Pathfinders)  
 Dance: Eliyahu Gamliel  
 Meter: 2/4  
 Formation: Couples in a single circle, W on M's R, no hand hold

<u>Measures</u>	<u>Counts</u>	<u>Description</u>
		<u>Part A - ( face LOD, hands behind own back)</u>
1	1-2	Fast two-step R, moving diagonally fwd., leading w/R shoulder
2	1-2	Repeat Meas. 1, Part A, reverse footwork and direction
3	1	Step R to R, facing center
	2	Step L behind R
4	1-2	2 Steps R, L, fwd. in LOD
5-16		Repeat Meas. 1-4, Part A 3 more times
		<u>Part B - ( circle in a simple hold)</u>
1-4	1-4	4 Running steps fwd. - R, L, R, L
3	1-2	2 Running steps back, R, L, in LOD while arms are raised
4	1-2	2 Running steps fwd. R, L, in LOD, arms are lowered
5-12		Repeat Meas. 1-4, Part B, twice more
		<u>Slow Interlude - (face partner, M face LOD)</u>
1	1	Step R to R
	2	Hold
2	1	Close L beside R w/out weight, bending knees and snapping fingers
	2	Hold
3-4		Repeat Meas. 1-2, Slow Interlude, reverse footwork and direction
		<u>Part C</u>
1	1-2	Two-step R fwd. while arms are raised to R, M moving away from center, W moving toward center
2	1-2	Repeat Meas. 1, Part C, reverse footwork and direction
3	1-2	2 Steps R, L, while turning 1/2 a turn to R, end facing partner

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