

Formation: Couples in a circle side-by-side with girl on man's right. Facing center of circle in varsouvienne position: man's right arm is extended behind girl's back, her left arm is extended in front of him, join both hands.

PART ONE

- 1 - 4 Step on right to right side, left crosses in front, right to right side, left crosses behind, end up facing CCW.
- 5 - 6 Step two steps forward on right, left, then two steps backward on right left, end up facing center.
- 9 - 14 Turn together CCW to left side with six pivot steps, starting on right foot, end up facing center.
- 15 - 18 Lifting arms together - girl: $\frac{1}{2}$ turn to right side on right, left, then on right backward, and on left forward.
man: in place on right, left, on right backward, and on left forward.
- 19 - 22 Arms are now crossed and down on last two counts. Arms up and partners change places, passing right shoulders: girl under man's arms. Step on right, left, end up facing each other, arms are crossed down, right backward, and left forward.
- 23 - 24 Step on right, left to face CW into original arm position (varsouvienne).
- 25 - 26 Step on right, left while turning to right side to face CCW.
- 27 - 30 Step on r, l, r, l, while moving forward in LOD, as man ends up behind girl. Girl with hands on her hips, man with hands on girl's hands (transfer joined hands to girl's hips).

PART TWO

- 1 - 2 Step on right forward, and touch with left ball of the foot next to right while man looks at girl over r side.
- 3 - 4 Reverse 1-2, start on left foot forward
- 5 - 8 Three steps forward on r, l, r, and left ball of the foot touches next to right.
- 9 - 12 Repeat 1-4 in reverse, start on left forward.
- 13 - 14 Repeat 3-4, on last count partners face each other (girl will be facing CW and man CCW), girl will have made a $\frac{1}{2}$ turn to face CW, release hands.
- 15 - 16 Make a $\frac{3}{4}$ turn to the right side with right, left (away from each other), and up facing each other (girl with back to center, man facing center).
- 17 - 18 Step on right backward and on left forward.
- 19 - 22 Taking shoulder-waist position with arms: girl's arms on man's shoulders and man's arms on girl's waist, as you take four pivot steps while changing places with partner.
- 23 - 30 Repeat 15-22, end up with man outside and girl inside circle.
- 31 - 32 Release hands, step on right backward and on left forward.
- 33 - 34 Take shoulder-waist position with arms as in 19-22 and squat down together for two counts.
- 35 - 36 Rise up together for two counts.
- 37 - 38 Release hands, step on right backward and on left forward.
- 39 - 46 Take shoulder-waist position with arms as in 19-22 and turn together CW $1\frac{1}{2}$ times around with 8 pivot steps. On last two counts release hands, end up facing center of circle and begin the dance from the beginning.

HADARIM VII - Chassidic MUSIC: Traditional
Side B - band 2 DANCE:

VE HESHIV LEV AVOT

Formation: Circle, facing center of circle, holding hands.

PART ONE

- 1 - 8 MOVING CCW
Two mayim steps (grapevine steps) to the right side.
MOVING INTO THE CENTER OF THE CIRCLE
- 9 - 11 Walk on right, left, and then jump on both feet together.
12 Hold.
- 13 - 16 Reverse 9-12, moving backward (back into circle), starting on left foot.
- 17 - 32 Repeat 1-16.

PART TWO

- 1 - 4 FACING CCW
Step on right forward, step on left together with right, step on right, and hold.

- 5 - 8 Reverse 1-4 starting on left foot forward.
 9 - 12 Repeat 1-4.
 13 - 16 Stamp in place (in back) on left foot and hold, then
 stamp in place (in front) on right foot and hold.
 17 - 20 Repeat 5-8.
 21 - 24 Repeat 1-4.
 25 Stamp in place (in front) on left foot.
 26 Stamp in place (in back) on right foot.
 27 - 28 Stamp on left foot in back of right foot and hold.
 29 - 56 Repeat 1-28.

HADARIM VII - Israeli
 Side B - band 3

MUSIC: Toby David
 DANCE: Shlomo Bechar

DEBKA AYILL
 (Ayill = deer)

Formation: Line, facing CCW, holding hands down.

PART ONE

- 1 - 4 Walk forward on right, hold, left, hold.
 5 Jump forward on both feet with right foot slightly
 in front of the left while bending knees.
 6 Hold.
 7 - 8 Bounce twice in place with knees still bent.
DROP HANDS, PUT BEHIND BACK.
 9 - 14 Make a clockwise turn in place: walk on right, hold,
 left, hold, right, hold.
HOLD HANDS.
 15 - 16 Bounce twice in place with bent knees facing CCW.
 17 - 32 Repeat 1-16.

PART TWO

- INTO THE CENTER, HOLDING HANDS.
 1 - 6 Walk forward on right, hold, left, hold, right, hold,
 left, hold.
 7 Hop on left leg while lifting right knee as you hit
 right knee with right hand (hit away from knee).
 8 Hold.
 9 - 14 Walk back: right, hold, left, hold, right, hold.
 15 - 16 Jump sideways on both feet to left side, then to right side.
 17 - 32 Repeat 1-16.

HADARIM VII - Israeli
 Side B - band 4

MUSIC: U. Assaf, D. Seltzer
 DANCE: Shlomo Bechar

DAGER ELAY BIFRACHIM
 (Talk to me with Flowers)

Formation: Couples in a circle, man on the inside of circle.
 Steps are described for the men only, girl should do
 opposite footwork, except where indicated otherwise.

PART ONE

- COUPLES FACING EACH OTHER (Man's back to center).
MAN'S RIGHT HAND HOLDS GIRL'S LEFT HAND.
 1 - 3 Step half a turn counter clockwise (to left side) on
 right, while leaning to the right side and hold 2 counts
 (couples are now back to back).
 4 - 6 Step-sway onto the left foot to the left side, while
 keeping arms straight and hold 2 counts.
 7 - 9 Step half a turn clockwise (to the right side) on the
 right foot and hold 2 counts (couples are facing each
 other).
 10 - 12 Step-sway onto the left foot to the left side, while
 keeping arms straight and hold 2 counts.

PART TWO

- HOLD BOTH HANDS.
 1 - 3 Step with the right foot to the right side while extending
 both arms and hold 2 counts.
 4 - 6 Step-cross with the left foot over the right foot while
 closing both arms and hold 2 counts.
 7 - 9 Repeat 1-3.
 10 - 12 Cross-turn with left foot over the right foot clockwise
 (to the right side) in 3 counts and wind up facing your
 partner.