

VEITSCHER MAZUR (Oxen Gallop) (*Authentic*)

Record: SP 23054

Formation: Ordinary dance position, boys with backs to center of circle.

A genuine "peasant" mazurka, once the tricky little step is mastered, lends itself to free style dancing - that is, on the last three hops the men may guide their partners CW or CCW - or even become inventive.

- Dance:
1. Starting with the boy's L - girl's R - leap onto forward feet, then hop twice (easy) on other foot (boy's R - girl's L).
  2. Hopping on boy's L and girl's R three times, make a half turn CW.
  3. Repeat, beginning by springing on man's R and girl's L foot.
- Continue, but remember to keep free toe pointed straight down so that you feel like swinging on a pendulum, turning only on the three hops.  
Suggestion: Try turning first to the L, then to the R, alternately.  
The leap is emphasized as each 4 measures begins (each phrase).

Presented by Jane Farwell

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