

Čoček

Velkovo - Čoček

Macedonia

This dance is originally from Veles, Skopje area but now seen in all over Macedonia. It has calactaristic of wedding dance, now done in any gatherings such as wedding, picnic, sobor, etc.

Rhythm: 4/4

Formation: "W" hold, mixed line or open circle

Meas.

Fig. 1

- 1 Facing ctr., Step on R dig. bkwd to R(cts.1,2); Step on L bkwd(cts.3,4)
- 2 Step on R bkwd(cts.1,2); Step on L, R in place(cts.3,4)
- 3 Bounce on R, touch L toe in front(cts.1,2); Touch L toe to L(cts.3,4)
- 4 Step on L fwd(cts.1,2); Step on R, L fwd(cts.3,4)

Fig. 2

- 1-2 Repeat Fig.1, Meas.1-2
- 3 Cukce on R, put L ft behind R knee(cts.1,2); Cukce on R, rise L knee up in front(cts.3,4)
- 4 Repeat Fig.1, Meas.4

Variation

- 4 Step on L fwd(cts.1,2); Cukce on L, rise R knee up in front(cts.3,4)

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