

# Vihruška

(Bulgaria)

Vihruška means “whirlwind” and describes the dance performance. This game is well known throughout whole Bulgaria and is usually done after Dva Pâti Nadjasno, as it is in this example. Alternatively, it can be performed separately. The folk game is appropriate for 6-9 years of age children.

Pronunciation: vih-HRUSH-kah.

Cassette: Folk Dances from Bulgaria - NK 1994.02 / B14. 2/4 meter  
Vihruška follows Dva Pâti Nadjasno in this recording. Any children's music in 2/4 with the same character, tempo, and structure can be used for Vihruška too (together or separately).

Formation: Closed circle, hands held in V-pos. In the middle of the circle two children, each facing CW, join R hands with straighten elbows, L hands at waists.

Styling: Children's: free movements.

Steps: **STEP HOP**: Step on R ft fwd (ct 1); hop on R ft in place (ct &); step on L ft fwd (ct 2); hop on L ft in place (ct &).  
**CLAPPING**: Clap both hands in front of the chest (ct 1); pause (ct 2).  
**WALK FWD**: Step on R ft fwd (ct 1); step on L ft fwd (ct 2).  
**BOW**: Bend body fwd at waist, relaxing arms down (ct 1); straighten the body to the original position (ct 2).  
**TURN**: Step on R ft in place, turning body at 90° (ct 1); step on L ft in place, turning body at 90° (ct 2).

## Meas

## Pattern

### NO INTRODUCTION.

### FIGURE I

- 1-8 Children from the circle perform Step Hop eight times.  
The two children in the middle perform eight times STEP, HOP, so that the couple turns CW.
- 9-16 Children from the circle perform Clapping eight times.  
(9-11) The two children in the middle perform Walk Fwd twd another two children they have chosen from the circle.
- (12) The two children perform BOW in front of the two new children and  
(13) Turn.
- (14-16) The two children from the middle lead the two chosen ones, performing Walk Fwd. Back children have their hands on the shoulders of the front ones.  
On meas 16 the four children hold hands in tea-cup (escort) pos, L hooked at R. The middle children join L hands, so that two “clock hands”, each facing CCW, are formed.

## Vihruška—continued

FIGURE II

- 1-8 Repeat meas 1-8 of Figure I.
- 9-16 Performers from the circle repeat meas 9-16 of Figure I.
- (9-11) Turning to the R, each two children are in a couple (one behind another), lead by the chosen children. Back ones put their hands on front shoulders, front ones have hands down at sides. The two couples perform WALK FWD twd another two children, chosen by the leaders from the circle.
- (12-16) The six children repeat meas 12-16 of Figure I.

DANCE SEQUENCE:

Figure I. Figure II.

Repeat Figure II four times, every time with two more children in the middle of the circle.

Presented by Nina Kavardjikova  
Description © 1994 Nina Kavardjikova