

## ŽALNA MAJKA

### Macedonian folk dance

Records: LP George Tomov Volume II  
Formation: Circle, no partners, hands joined at shoulder level with elbows bent.  
THE DANCE: Step to Right on Right foot .. count 1.  
Lift and swing Left foot forward, over Right .. count 2.  
Step on Left foot crossed over Right .. count 3.  
Step on Right foot to Right .. count 4.  
Lift Left foot forward .. counts 5-6.  
Step on Left in back of Right .. count 7.  
Bounce on Left foot twice .. counts 8-9.  
  
INTERLUDE: (Done to the instrumental part of the record.)  
Step to Right on Right foot .. count 1.  
Lift and swing Left foot forward .. count 2.  
Step on Left foot crossed over Right .. count 3.  
Step on Right to Right .. count 4.  
Cross and step on Left over Right .. count 5.  
Step on Right .. count 6.  
Step to Left on Left foot .. count 7.  
Cross Right foot over Left .. count 8.  
Step on Left foot .. count 9.

Presented by George Tomov  
at New Mexico August Camp 1985,  
Montezuma, New Mexico