# Silesia (Czechoslovakia)

#### ZBUJAN

Suggested music: 'Festival'

Meter" Part I-3/4; Part II- 6/8

Formation: Any number of couples on the floor.

Men facing ladies, about 5 steps apart.

Men's hands behind back-palms facing out.

Ladie's hands on hips, fingers fwd., thumbs back.

### PART I Fig. A

Meas. 1	Wait first measure
2	begining with r. foot, step diag. left (right shoulders
	are toward each other) close left foot to right.
3	Step back on left ft., close right to left.
4	Partners move twd. each other with 1 half-running step
5 -6	Hook right elbows and turn $1\frac{1}{2}$ times CW with 2 half-running steps and
7-8	back away from each other with 2 half-running steps.
	YOU ARE NOW IN EXCHANGED PLACES.

Meas. 1-8 rep. Repeat Part I, Fig. A from new place, ending with right hands joined. YOU ARE BACK IN ORIGINAL PLACE.

#### PART I Fig. B

Meas. 9-16 With right hands joined, men balance left, ladies

right. Reverse pattern.

Turn lady CW with two "Pas-de-Basque" waltz steps. Take closed shoulder/shoulderblade position and Dance 10 'Pas-de-Basque' waltz steps  $1\frac{1}{2}$  times CCW around the set, ending in opposite places.

Use meas. 11-12 to back into place.

YOU ARE NOW IN OPPOSITE PLACE

(continued)

### ZBUJAN (Continued)

Repeat Part I, Fig. A and B from new place.

Repeat Part I, Fig. A and B from original place.

# PART II, Fig. A.

Meas. 1-8

Ladies begin pattern 1) & 2), men clap. Men repeat pattern 1) & 2), ladies clap.

Fig. B In shoulder/shoulderblade position with right hips together, repeat Part II, fig. A dancing in place.

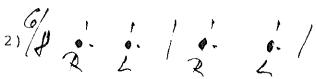
Repeat pattern again, turning CW.

STEPS:

"Pas-de-Basque" waltz - (Walcerek) the basis of this special waltz is a closed pas-de-basque with a springy bounce. The knees are lifted.

"Back-stepping"





"Half-running step" is composed of three low running steps accented on the first count

Presented by Frantisek Bonus at Maine Folk Dance Camp 1987