

1960 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Mildred von Konsky

ZEMER LACH-A Song To You My Homeland

ZEM-mer-lakh

An Israeli Circle or Couple Dance by Rivkah Sturman, Israel.

CIRCLE DANCE

FORMATION: Single circle facing center.

STARTING

POSITION: All hands joined, Right foot free.

Music 4/4Pattern

meas

Music A FIGURE I

- 1 CROSS AND STEP ON RIGHT FOOT in front of Left, clapping hands on right side (count 1), LEAP SIDEWARD LEFT with Left foot (2), and REPEAT (3,4), progressing clockwise.
- 2 ONE "GRAPEVINE" STEP starting with Right foot, all hands joined in a single circle, progressing clockwise.
Grapevine Step: Cross and Step on Right foot in front of Left, turning slightly to left (count 1), Step on Left foot beside Right, turning to face center (2), Cross and Step on Right foot in back of Left, turning slightly to right (3), Leap onto Left foot beside Right, turning to face center (4).
- 1-8 ENTIRE PATTERN OF MEASURES 1-2 DONE FOUR TIMES, progressing clockwise, clapping only the first and third time, e.g., on first and fifth measures.

Music B FIGURE II

- 1 CROSS AND STEP ON RIGHT FOOT IN FRONT of Left (count 1), STEP SIDEWARD LEFT on Left foot (2), CROSS AND STEP ON RIGHT FOOT IN BACK of Left, turning to face counterclockwise (3), HOP ON RIGHT FOOT (4).
- 2 CROSS AND STEP ON LEFT FOOT IN FRONT of Right, leaning backward slightly and CLAP HANDS at shoulder height, striking left hand downward (count 1), STEP IN PLACE ON RIGHT FOOT (2), REPLACE AND STEP ON LEFT FOOT BESIDE RIGHT (3), HOP ON LEFT FOOT, turning slightly to to left (4).

continued...

Zemer Lach (cont'd)

FIGURE II. (cont'd)

- 1-8 ENTIRE PATTERN OF MEASURES 1-2 DONE FOUR TIMES, progressing clockwise, covering distance on pattern of Measure 1; pattern of Measure 2 is danced in place.

Repeat entire dance.

COUPLE DANCE

FORMATION: Single circle of couples facing center, Girl on partner's right.

meas
Music A

FIGURE I

- 1-8 SAME AS FIGURE I of "Circle Dance" above.

Music B

FIGURE II

- 1 SAME AS MEASURE 1 OF FIGURE II OF "Circle Dance," PARTNERS FORMING A DOUBLE CIRCLE, facing each other, Boy's back to center.
GIRL: Cross and Step on Right foot in front of Left, turning to face clockwise, moving out of circle (count 1), Step sideward left on Left foot (2), Step backward on Right foot, turning to face partner (3), Hop on Right foot (4).
BOY: Step diagonally forward right on Right foot, moving into center of circle (count 1), Step on Left foot beside Right, turning to face counterclockwise (2), Step backward on Right foot, turning to face partner (3), Hop on Right foot (4).
- 2 SAME AS MEASURE 2 OF FIGURE II, danced facing partner.
- 3-8 REPEAT PATTERN OF MEASURES 1-2, PROGRESSING ONE-QUARTER CLOCKWISE on pattern of Measure 1 and dancing pattern of Measure 2 facing partner in the new place. On Measure 3, finish in a single circle, partners facing, Boy facing clockwise, Girl facing counterclockwise; on Measure 5, finish in a double circle, partners facing, Girl's back to center; on Measure 7, finish in a single circle facing the center, Girl on partner's right.

Repeat entire dance.