

ZEMRUKNALO MALOJ MOMICE

BULGARIA - Pirin Macedonia Region

Music is 8/8 + 5/8 - Introduction is 7/8

Pattern: S Q S + Q S - S Q Q

Hold hands in W position

I. Face center

1. lift R in front of L
2. float R to R
3. step R to R
4. step L to R
5. step R to R
1. lift L beside R
2. hold L beside R
3. step L behind R
4. step R to R
5. step L across R to R

- II. 1. lift R in front
2. hold
3. R beside L
4. almost touch L heel to L
5. almost touch L heel forward,
lift L across R

1. lift L in front of R
2. lift L beside R
3. step L beside R
4. lift R beside L
5. step R behind L

Reverse

- IIIa. 1a. lift R in front of L
2. extend R in front of L
3. step R forward
1. cross L over R
2. step R in place
3. step L in place

1. step R in place
- 2,3. circle L to L and behind R
1. step R in place
2. cross L over R
3. step R in place
1. step L in place
- 2,3. circle R to R and behind L
1. cross L over R
2. step R in place
3. step L in place
1. step R in place
- 2,3. circle L to L and behind R
- 1a. step R to R
- 2a. close L to R
- 3a. bend both knees

IIIb. Do IIIa twice, with the steps marked "a" above replaced with the steps marked "b" below.

- 1a. lift R in front of L
2. extend R in front of L
3. step R forward
1. cross L over R
2. step R in place
3. step L in place
1. step R in place
- 2,3. circle L to L and behind R
1. step R in place
2. cross L over R
3. step R in place
1. step L in place
- 2,3. circle R to R and behind L

1. cross L over R
2. step R in place
3. step L in place
1. step R in place
- 2,3. circle L to L and behind R
- 1b. step R in place
- 2b. prance L in front of R
- 3b. prance R in place
- 1b. step L in place
2. extend R in front of L
3. step R forward
1. cross L over R
2. step R in place
3. step L in place
1. step R in place
- 2,3. circle L to L and behind R
1. step R in place
2. cross L over R
3. step R in place
1. step L in place
- 2,3. circle R to R and behind L
1. cross L over R
2. step R in place
3. step L in place
1. step R in place
- 2,3. circle L to L and behind R
- 1a. step R to R
- 2a. close L to R
- 3a. bend both knees

IV. End in a shallow knee bend

Sequence:

- I 4 times, II once
I 4 times, II once, IIIa once,
I 4 times, II once, IIIa, IIIb,
I 6 times, II once

Presented by: Ventzi Sotirov

Notes by: Malcolm McClure

