

ZWEI REIHE POLKA
(Switzerland)

Music: Record: Tell 1018

Formation: Cpls (W on R side of ptr) inside hands joined shoulder high, outside hands on hips. Formation in 2 lines. Between the lines, there is a distance of about 6 ft.

↓ WM WM WM WM

↑ MW MW MW MW

<u>Measures</u>	<u>Pattern</u>
	<u>FIG I</u>
1-2	All do 2 step-together-step-hops fwd, start L (lines move twd each other). Drop hands, turn to L.
3-4	"Mill formation": M hold R hands, W hold R hands above, straight arms, L hands on hips. 4 hops, (start L) doing half a turn CW at the opp place. Drop hands and turn to R.
5-6	Same as meas 1-2, but move bkws.
7-8	M: 4 steps in place. W: 1 complete turn CCW with 4 hops under inside raised arms. All are now on opp place.
1-8 (repeated)	Repeat action of meas 1-8. You end up on place where you started.
	<u>FIG II</u>
9-10	Cpls to opp place with 8 small running steps. Cpls pass R shoulders.
11-12	W half a turn CCW. Cpls hook R elbows and grasp L hands on each back, R shoulders adjacent. Do one complete turn CW with 4 running steps. W: Drop R hands. Do 4 steps in place. M: Drop L hand. Do 4 running steps in back of W, ending up on her L side.
13-16 9-16 (repeated)	Repeat Fig II, ending up in place where you started. Repeat action of meas 9-16.
	<u>FIG III</u>
	M in original 2 lines. W are facing ptrs (back to ctr). R arms raised, hands joined, L hands on hips.
17-18	M: 4 hops fwd start L, lead W to middle. W: 4 hops turning CW, start R under raised arms. In the same pos M change their ptrs. W pass L shoulders.
19-20	M: 4 hops bkwd with new W back to place (on place of M). Drop arms. W: 4 hops turning CW with new ptr under raised arms. Drop arms.
21-24	Each cpl does 8 hops in place, turning CW, W put hands on shoulder of M. M put hands on W hips.
17-24 (repeated)	Repeat Fig III. W end up with own ptrs, on place where they started.

Presented by Carmen Irminger