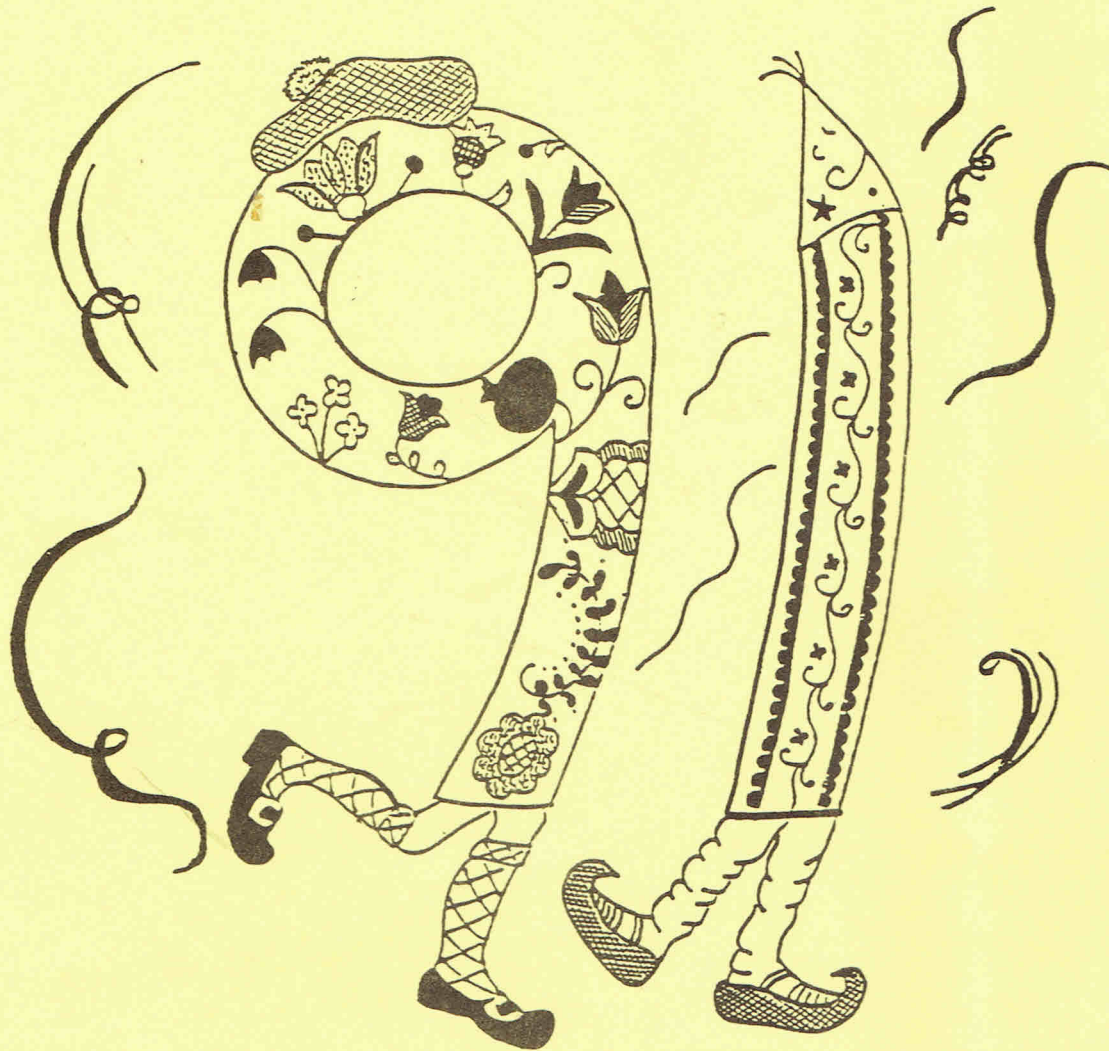


~~South~~

# FUN IN



## Statewide Folk Dance Festival

May 24-27, 1991  
Culver City

Veteran's Memorial Auditorium  
Corner of Culver and Overland

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BASIC QUEBECOIS  
GIGUE STEPS  
Quebec

METER: 2/4

DANCE STEPS:

Keep wt fwd on balls of ft, knees slightly bent and flexible. Ftwk should be small, controlled, and sharp. Posture is erect with arms relaxed at sides.

4 meas to complete.

Meas.

1 Frotté = "basic shuffle":  
Beg with wt on L ft, knees slightly bent, rise on ball of L ft extending the knees, simultaneously TAPPING ball of R next to L instep, flexing ft (ct &);  
TAP ball of R ft again, pulling ft slightly bkwd (ct ah);  
STEP on R ft beside L, bending both knees (ct 1).

Repeat with opp ftwk for cts &,ah,2

Repeat cts &,ah,1 (cts &,ah,3).

Double:

TAP ball of L ft beside R (ct ee); LIGHT LEAP onto L ft in place, (ct &);  
repeat DOUBLE with opp ftwk (cts ah,4).

2-3 Repeat meas 1 twice, alternating ftwk.

4 Repeat meas 2 through ct 3; brush R ft (ct &); chug fwd on L ft (ct 4)

CUES: Shuffle-step, shuffle-step, shuffle-step, double, double.

Repeat above line twice (3 in all).

Shuffle-step, shuffle-step, shuffle-step, brush-chug.

NOTE: This and other patterns may be used to mark time when active or in the second half of a grand-chain.

Simple Shuffle with stop:

1 Do 3 "FROTTE" steps beginning with R (cts 1-3);  
STEP on ball of L ft next to R, rising as in a pas de basque) (ct &);  
STEP on L ft next to R (ct 4).

2 Repeat with opp ftwk.

Simple shuffle with double:

1 Do 3 "FROTTE" STEPS as above (tap R ball, tap R pull bk, step R, do 3 times alternating ftwk (cts &-ah-1, &-ah-2, &-ah-3).

Do 2 DOUBLE STEPS (cts ee-&-ah-4).

Corrected from Stockton Folk Dance Camp Errata 1985  
Presented by Camille Brochu  
Culver City Statewide, 1991

LE P'TIT TRAIN  
Quebec

This is the 5th part of the Saratoga from Ile d'Orleans, Quebec. This dance was learned by Camille Brochu from Normand Legault.

TRANSLATION: the little train

PRONUNCIATION: luh ptee TRAN

RECORD: "La Bastringue et autres danseries" on La Ridaine ML-7902, side B, band 5

FORMATION: 4 cpls in a square, cpl #1 having its back to the music; other cpls numbered CCW from #1, i.e., cpl 2 is to the R of cpl 1; cpl 3 is opp cpl 1, cpl 4 is to the L of cpl 1. W on MR side with inside hands joined. Outside hands hang freely.

STEPS: Déroulement: The Fig is repeated 4 times with active cpls 1,2,3 and 4 taking the lead at the head of the "p'tit train" formation. The part ends with a repeat of the opening "demichaine de cotillon" followed by a "gallop" or "chassé."

Basic step: Walking with a slight liltng or "up-and-down" quality on the ball of the ft, i.e., "up" and &, "down" on the beat. Used throughout the dance unless otherwise stated.

When inactive, do a side step-touch starting R on every ct 1 of the music and maintaining the "up-and-down" motion of the other dancers.

Two-steps or step-together-steps are used in the "demichaine du cotillon" and in the "traverse des cpls." The two-steps are done close to the floor with an accented step on ct 2.

The swing is done either in open or closed social dance pos with parallel shldr and should be as level, smooth and relaxed as possible.

No description of measures or cts are given because the quadrilles are called and the length of time allowed for each figure will be determined by the judgment of the caller. Generally, figures begin with the start of a musial phrase.

-----  
METER:

PATTERN  
-----

Meas.

INTRODUCTION: Beg at start of a musical phrase.

FIG. I: DEMI-CHAÎNE DU COTILLON

4 cpls do a grand-chain halfway around and swing their ptrs 8 cts ending facing opp direction; 4 cpls do a grand-chain back home beg with their own ptrs. Beg chain by giving R hand to ptr. Do 2 two-steps for each change of hand.

FIG. II: TRAVERSE DES COUPLES

In social dance pos, active cpls change places with opp cpl, M passing L shldr, and same cpls return home the same way, active ptrs with their backs to the ctr. The 1st time through active cpls are #1 and #3. Cpl #1 finishes the fig at home pos, facing out. Cpls #2 and #4 fall in behind cpl #1 and in front of cpl #3 and cpl #1 reaches home pos.

FIG. III: LE P'TIT TRAIN

Cpls walk bkwd 6 steps, then fwd 2 steps. Lead cpl turn twd ptr and walk down the outside of the set. Simultaneously, other cpls walk up to spot where lead cpl turned and do the same. All walk in a wide semi-circle, W on outside of W, M on outside of M to finish in orig place, then face each other in 2 lines; holding inside hands at shldr level, 2 lines do a "présentez" with a R,L,R and touch the ball of the L ft next to the R instep and back with opp ftwk.

FIG. IV: SWING

All join their ptrs for the swing (those already home remain in place).

At end of dance all clap until music ends.

Corrected from Stockton Folk Dance Camp Errata 1985

Presented by Camille Brochu  
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QUADRILLE DE LOTBINIERE, page 2

1st PART - FIGURE (done in turn by each cpl)

Active cpl leads to the R hands cpl and forms a circle of 4; 2 cpls CIRCLE L one complete turn (active W remains and stands in a line of 3 with the R hand cpl (8 cts).

Active M moves on to the opp cpl, joins them in a circle of 3; 3 people CIRCLE L one complete turn (active M steals the opposite W taking her L hand into his R hand while opp M stands alone in place) (8 cts).

Active M and opp W lead to the L hand cpl and form a circle of 4; 2 cpls CIRCLE L one complete turn (opp W remains and stands in a line of 3 with L hand cpl while active M return home alone facing the opp M (8 cts).

Active and opp M go FWD & BACK with 8 steps (4 steps twd each other, 4 steps backing away) (8 cts);

same 2 M do a DOS-A-DOS passing R shldrs (gigue steps may be done instead of walking steps) (8 cts);

2 lines of 3, change places by circling CCW half-way around (gigue steps may be used) (8 cts).

2 M go FWD & BACK and do a DOS-A-DOS again;  
2 lines of 3 change place again.

1st PART TRANSITION

All dancers turn to face their corner and do an ALLEMAND L (joining L hands at shldr ht and doing a half turn to change places) followed by a GRAND CHAIN (giving R hand to their ptrs, L hand the next, and so on, W circling CW, M circling CCW; when reaching the half-way point, dancers BOW to their ptrs and continue to GRAND CHAIN using GIGUE steps until they reach home (32 cts).

All cpls do the SWING (16 cts).  
All cpls CIRCLE R with chasse steps one complete turn (16 cts).

2nd PART - INTRODUCTION (done only once)

All dancers turn to face LOD (twd R), and CIRCLE R one complete turn in single file (16 cts).

All cpls PROMENADE R with chassé steps one complete turn (16 cts).

2nd PART - FIGURE (done in turn by each cpl)

Active cpl leads to the R, joins R hand cpl in a circle of 4; 2 cpls CIRCLE L one complete turn (8 cts).

Active cpl moves on to the opp cpl, forms a circle of 4; 2 cpls CIRCLE L one complete turn (8 cts).



Active cpl moves on to the L hand cpl, forms a circle of 4 while 2 remaining cpls do the same; 2 sets of cpls CIRCLE L one complete turn (8 ctg).

Same 2 sets of cpls do a R & L THROUGH, R & L BACK, (W changing places and passing L shldr then do a half turn CCW in place, immediately followed by M changing places, passing R shldr then doing a half turn CW in place, then returning home the same way (16 cts).

Same 2 sets of cpls do a LADIES' CHAIN & CHAIN BACK (W take the opp WR hand pass R shldr, then move fwd twd the opp M who grasp the WL hand in their own L, place R arm around the W waist and pivot them CCW one 1/2 turn; the W then do the chain back to return home) (16 cts).

Maintaining the same arm pos, same 2 sets of cpls do a HALF PROMENADE (change place with the opp cpl passing L shldr). Dropping hands, the same 2 sets of cpls return home with R & L BACK as above (16 cts).

Turning to face ptrs, all dancers do a GIGUE in place (16 cts).

### 2nd PART TRANSITION

All cpls do the SWING (16 cts) followed by PROMENADE R (16 cts).

### FINALE

Joining hands in a circle facing ctr, 4 cpls go FWD & BACK with 4 walking steps twd ctr followed by 4 steps back; all go FORWARD again. 4 W remain in the ctr holding hands down at sides (12 cts).

M PROMENADE CW around the W one complete turn ending on their ptrs L side (12 cts).

Reaching over the W arms, M grasp hands in front of their ptrs to form a BASKET; all dancers SWING CW twice around (16 cts);

Once back home, dancers REVERSE THE BASKET bringing the arms over their heads and around their backs while maintaining the hand hold; all dancers SWING CCW in this position twice around (16 cts).

ALLEMAND L TO THE CORNER; GRAND CHAIN; SWING; PROMENADE.

Et Domino, tout l'monde a chaud!

BERATIS  
Albania

SOURCE: This dance was learned from Irini Loutzaki and Eleftherios Drandakis in Athens, 1976.

TRANSLATION: Beratis means "of Berat", a town in northern Epirus, now Albania.

PRONUNCIATION: burr-RAHT-tis

FORMATION: Short lines with hands joined in "W" pos. Face slightly R.

MUSIC: Record: PFF 1, side B, band 5; or  
DEG 8008-B; or  
special tape

RHYTHM: 8/4 meter counted: 1,2,3 4,5 6,7,8 (S,Q,S)

METER: 8/4 PATTERN

Meas. Cts

INTRODUCTION:

BASIC:

- |   |     |  |
|---|-----|--|
| 1 | 1   | Step R to R, lift L bkwd.  |
|   | 2   | Hold.  |
|   | 3   | Step L across R.   |
|   | 4-5 | Pivoting to face ctr - hook R behind L calf (M) or ankle (W), or touch floor with R. |
|   | 6   | Step R fwd - face slightly R.  |
|   | &   | Transfer wt bk on L (rock).  |
|   | 7   | Transfer wt fwd on R (rock).   |
|   | 8   | Step L across R.   |
| 2 | 1-3 | Repeat meas 1, cts 6-8. (R fwd, rock, rock)  |
|   | 4-5 | Touch ball of R ft twd ctr (W) or lift R leg fwd (M).                                |
| 6 | 6   | Step R bkwd.   |
|   | 7   | Hold.  |
|   | 8   | Step L bkwd twd L.   |

NOTE: On meas 1, ct 6 (meas 2, ct 1), W may turn slightly to face L (twizzle) while transferring wt onto R ft.

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- 3 Step R to R side (ct 1); lift on R while bringing L up in front of R knee (ct 2); step L quickly bkwd to place (ct &); step R in place and bring L ft up in front sharply (ct 3); step L-R in place (ct 4-&).
- 4-5 Repeat meas 3, alternating ftwk and direction, twice more, (3 in all), except on ct 4, & turn to face LOD (CCW).

SQUATS:

- 1 Repeat meas 1 of "break away". (hop L, RL fwd, R bk)
- 2 Lifting L knee up, leap L across R (cutting action), as you land on L lift R bkwd in prep for next movement (ct 1); leap R across L (ct 2); SQUAT deeply onto both ft (knees shldr width apart) (ct 3); come up onto L and lift R up to L side (ct 4).
- 3 Repeat meas 2, but start by crossing R over L (ct 1); L over R (ct 2); SQUAT (ct 3); come up on L (ct 4).
- 4 Repeat meas 3, exactly.
- 5 Repeat meas 3, but come up on R on ct 4 (L free).

SQUAT TURNS:

- 1-2 Repeat meas 1-2 of "squats", but on ct 4, meas 2 come up on both ft. (hop L, RL fwd, R bk; Lx, Rx, squat, rise)
- 3 Jumping up onto both ft while turning 1 time to L (CCW) (ct 1); land in place (ct 2); squat as in squat variation (ct 3); come up onto both ft (ct 4).
- 4 Repeat meas 3, but turn R (CW) 1 time.
- 5 Repeat meas 3, but come up with wt on R (L free) on ct 4.

NOTE: Generally the dance is danced by doing the intro as described (getting up the courage), then the "basic" for a long time. The "break away" is then used to prepare for squats and as a rest step before "squat turns". At the point where the "break away" begins, through the "squats" and "squat turns", 1 hard minute of dancing is as much as a truly good dancer would last. Any more is a case of SADO-MACEDONIANISMOS

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- 7 Repeat meas 1.
- 8 (q- s q q+) Facing ctr - with wt on L (knee bent), touch R heel in front of L (ct 1); touch ball of R (partial wt) to R of L ft (ct &); close R sharply to L (ct 2); fall on L in place (ct 3).
- 9-16 Repeat meas 1-8.

REST STEP I: (q- s (qq+)) + (S qq+) Note: (qq+)=S+

- 1 Preparing to leap onto R, extend R out and in front (ct 1); leap onto R across L (ct &); hold (ct 2); step L diag L bkwd (ct 3). Note: R leg sweeps low fwd and across before leaping.
- 2 Close R sharply to L (ct 1); step L diag L bkwd (ct 2); step R diag R fwd (ct 3).
- 3-6 Repeat meas 1-2 alternating ftwk and direction (3 in all).
- 7 L moves in a reverse bicycle diag L for prep (ct 1); leap on L in palce as R lifts to L knee, R knee bent and turned out (ct &); hold (ct 2); leap onto R in place as L moves diag L sdwd (ct 3).
- 8 Leap on L in place as R lifts to L knee (ct 1); with ft tog, bounce (ct 2); bounce on L only (ct 3).
- 9-16 Repeat meas 1-8, but on last ct of meas 16 (meas 8), bounce on both ft (ct 3).

REST STEP II (q- s S+) + (S q q+)

- 1 Facing R of ctr - bounce/lift on L as R lifts slightly (ct 1); tap R slightly to R (ct &); step R fwd with accent (ct 2); hold (ct 3).
- 2 Step L across R (ct 1); turning to face ctr - tap R heel to R (ct 2); step R to R with slight accent (ct 3).
- 3-6 Repeat meas 1-2 alternating ftwk and direction (3 times in all), but on last ct of meas 6 (ct 3), jump fwd on both ft with accent, knees bent (ct 3).
- 7 Chug bkwd on both ft, knees extended (ct 1); fall on R in place as L lifts bkwd (ct &); touch L toe behind and to R of R (ct 2); lift on R as L move around and to L (ct 3).
- 8 Close L sharply to R (ct 1); step R slightly fwd, knees extended (ct 2); step L fwd, knees bent (ct 3).
- 9-16 Repeat meas 1-8.

- SLAP SEQUENCE I (q- s q q+) + (S q q+)
- 1 Slap L hand on L thigh and lift/hop on L bring R ft up and out to R side, knee bent (ct 1); slap R hand on R outer heel out to R side (ct &); step on R-L in place (almost running steps) (cts 2-3).
  - 2 Bend L knee slightly as R toe touches bkwd with accent (ct 1); bounce on L as R move fwd low (ct 2); tap R heel fwd (ct 3).
  - 3 Repeat meas 2.
  - 4 Run on R in place as L lifts slightly fwd (ct 1); slap L hand on L thigh as L ft does small bkwd bicycle (ct &); leap on L in place as R hand slaps R boot top (ct 2); lower R leg (straight knee) fwd (ct 3).
- 5-8 Repeat meas 1-4.

Dance repeats from beg. Duging 2nd time through, replace "Slap Sequence I" with Slap Sequence II".

- SLAP SEQUENCE II (q- s q q+) + (S q q+)
- 1 With wt on L, R ft corkscrews (from knee down) from L side 2 o'clock CCW as R hand slaps R thigh (ct 1); as R heel comes around, slap R hand on R outer heel (ct &); R ft continues around, hold on L ft (ct 2); leap R across L as R hand slaps L inner heel behind R knee (ct 3).
  - 2 Step L in place and beg to "unwind" corkscrew CW (R knee down to R ft (ct 1); R hand slaps R inner boot top (leg straight and fwd (ct 2); leap on R in place as R hand slaps L inner heel behind R knee (ct 3).
- 3-4 Leap on L in place and repeat meas 1-2 of Slap Sequence I with opp ftwk.
- 5-8 Repeat meas 1-4.

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MŮŽKO HORO  
Thrace, Bulgaria

Můžko Horo, Men's dance, is a Pravo Trakiisko - type dance similar to Čestoto, Horo Capraz, Kermensko Horo, and Kuzunluško Horo, just to mention a few. This version was performed by villagers from Selo Botevo, Jambol district in 1976.

PRONUNCIATION: MOOZ-koh hoh-roh

RECORD: Folkraft LP 26, "Čestoto or Prave Trakiisko;  
Bankan Arts MK 6G, "Horo Capraz or Gergebunarsko;  
or any good fast Trakiisko

FORMATION: Open circle, "na lesa" (belt hold, L over R)

RHYTHM: 6/8 notated:  $\frac{1-2-3}{1} \quad \frac{4-5-6}{2}$

METER: 6/8 PATTERN

Meas.

INTRODUCTION:

1. BASIC PRAVO:

- 1 Facing ctr and moving slightly diag R - step R-L fwd (cts 1-2).
- 2 Step R fwd, bending knees slightly and bringing L fwd (ct 1); small cukce (bounce) on R (ct 2).
- 3 Step L fwd (ct 1); hold (ct 2); moving back diag R - step R bkwd (ct &).
- 4 Hold (ct 1); step L bkwd (ct 2).
- 5 Step R bkwd (ct 1); lift L slightly fwd (ct 2).
- 6 Step L bkwd (ct 1); lift R slightly fwd (ct 2)

2. UDARI (Hit):

- 1 Heavy accented step R fwd (ct 1); close L to R (ct 2); stamp R fwd (ct &).
- 2 Heavy accented step R fwd (ct 1); small čukče on R as L move fwd (ct 2).
- 3-6 Repeat meas 3-6 of "Basic Pravo". (L fwd, R bk; hold, L bk; R bk, lift L; L bk, lift R)

Variation: Dva Půti (2 times) Stamp R fwd on ct & before ct 1.

3. DAJ NA MJASTO or TROPOLI (Do it in place or tapping):

- 1 Step R in place (ct 1); tap ball of L ft beside R (ct &); cukce on R (ct 2); tap L heel beside R (ct &).
- 2 Repeat meas 1 with opp ftwk.

4. IZHVŮRLI (Kick or throw)

- 1-4 "Tropoli" - R,L,R,L (step in pl, tap ball, čukče, tap heel)  
5 Step R fwd (ct 1); scoop L fwd low then up (ct 2).  
6 Čukče on R as L continues up, around and back - bkwd bicycle (ct 1); step L back (ct 2).

5. ČUKNI DVA (Stamp twice)

- 1-3 "Tropoli" - R,L,R (step in pl, tap ball, čukče, tap heel)  
4 Leap L to L (ct 1); stamp R beside L (ct 2).  
5 "Tropoli" R (R in pl, tap L ball, čukče R, tap L heel)  
6 Leap L to L (ct 1); stamp R beside L (ct 2).  
7-8 "Izhvŭrli": Repeat meas 5-6 (R fwd, bicycle L; čukče R, L bk)

6. ČUKNI TRI (Stamp 3 times)

- 1-3 "Tropoli" - R,L,R (step in pl, tap ball, čukče, tap heel)  
4 Leap L to L (ct 1); stamp R beside L (ct 2).  
5 Leap R to R (ct 1); stamp L beside R (ct 2).  
6-8 "Čukni Dva": Repeat meas 6-8 (L to L, stamp R; R fwd, bicycle L; cukce R, L bk)

7. HVURLI NAZAD (Throw behind)

- 1-4 Tropoli - R,L,R,L (step in pl, tap ball, čukče, tap heel)  
5 Leap R to R as L kicks diag R bkwd (knee bent & next to R knee ) (ct 1); jump onto both feet (shldr width apart & knees slightly bent ) (ct 2).  
6 Close both ft tog (ct 1); fall on L in place as R lifts bkwd (ct 2).  
7-8 "Izhvurli", repeat meas 5-6 (R fwd, bicycle L; čukče R, L bk)

8. ZAREDI

- 1 Moving twd ctr - scuff R heel fwd (ct &); fall fwd on R (ct 1); scuff L heel fwd (ct &); fall fwd on L (ct 2); scuff R heel fwd (ct &).  
2 Fall fwd on R (ct 1); step L behind and slightly R of R (ct &); step R fwd (ct 2).  
3 Leap L beside R (ct 1); stamp R slightly to R side, no wt (ct &); stamp R beside L, bend knees slightly (ct 2).  
4 Step R-L bkwd (ct 1-2).

- 5 Step R bkwd (ct 1); lift on R, move L slowly back (ct 2).  
6 Step L bkwd (ct 1); lift on L (ct 2).

9. ZALEGNI

- 1-3 Repeat meas 1-3 of "Zaredi". (scuff R fwd, fall R, scuff L, fall L, scuff R; fall R, L behind, R fwd, leap R; stamp R sltly R, stamp R in pl)  
4 Tropoli R (step R in pl, tap L ball, čukče, tap L heel)  
5 Step L fwd (ct 1); jump fwd onto both ft about shldr width apart with accent, knees slightly bent (ct 2).  
6 Leap back sharply on R as L ft lifts in front of R knee (ct 1); leap back onto L bringing R ft in front of L knee (ct 2).  
7 Repeat meas 6.  
8-9 "Zaredi", repeat meas 5-6 (R bk, lift on R; L bk, lift on L).

10. BURKAJ

- 1-3 Repeat meas 1-3 of "Zaredi". (scuff R fwd, fall R, scuff L, fall L, scuff R; fall R, L behind, R fwd, leap R; stamp R sltly R, stamp R in pl)  
4 With wt on L, lift R slightly and place full R ft to R - upper body faces slightly twd R (ct 1); close R to L (no wt), with accent and knees bent (ct 2).  
5-7 "Izhvurli", repeat meas 5-6. (R fwd, bicycle L; čukče, tap heel)  
8-9 "Basic pravo", meas 5-6. (R bk, lift L, L bk, lift R)

11. V DJASNO = VLJAVO (to the R, to the L)

- 1-6 "Izhvurli" - R,L,R,L,R,L (6)  
7 Fall R on R (ct 1); step on ball of L ft in front of R (ct &); repeat cts 1,& (cts 2,&).  
8-9 Repeat meas 7 (3 times in all).  
10 Step R to R (ct 1); tap L heel beside R twice (cts &,2).  
11-14 Repeat meas 7-10 (fall R, L ball - 3x; R, tap L heel 2x)  
15 Moving fwd - step R fwd (ct 1); tap L beside R (ct &); step L fwd (ct 2) tap R beside L (ct &).  
16 Repeat meas 10 (R to R, tap L heel 2x).  
17-18 Still moving fwd - repeat meas 15-16 with opp ftwk. (L fwd, tap L, R fwd, tap L). 17

19 Chug bkwd on ball of both ft, knees straight (ct 1); jump fwd on both ft with accent (knees straighten) (ct 2).

20 Step R-L bkwd (ct 1-2).

21 Step R bkwd (ct 1); lift on R as L lifts bkwd (ct 2).

22 Step L bkwd (ct 1); lift on L as R lifts fwd (ct 2).

12. HLOPNI, DOLU

1-9 "Hlopni", repeat meas 1-9. (Tropoli RLRL; run RL; click, R to R; click, R to R; click, R to R; tch R fwd, lift R)

10 Touch R behind L (ct 1); lift R to R side (ct 2).

11-12 "Izhvŕrii", repeat meas 5-6 (R fwd, bicycle L; ĉukĉe R, L bk)

13 Step R back as L move around behind R (ct 1); leap onto L behind R (ct 2).

14 Squat onto both ft with R knee fwd and L knee turned out (ct 1); rise onto L (ct 2).

15-17 "Udari", repeat meas 1-3 (R fwd w/accent, close L, stamp R fwd; R fwd w/accent, ĉukĉe R; L fwd, R diag R bk)

18 Run R,L bkwd (cts 1-2).

19-20 Repeat meas 13-14 (R bk, leap L behind; squat, rise on L)

This dance can be according to the will of the leader. The group from Botevo used the Prave and Udari steps to get positioned and then proceeded to dance each step through twice.

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1991 Statewide, Culver City

SOUFLIOUTOÚDA  
Thrace, Greece

Souflioutoúda, also known as Sultana or Stavrotos, comes from the Evros area of Greek Thrace, around the town of Soufli. It belongs to the "Zonaradikos" family and is very similar to the Pravo Trakijsko Horo. It was learned from Irini Loutsaki.

FORMATION: Lines joined in belt hold (L over R). Face ctr.

MUSIC: Panvox X33SPV or  
Vasipap vas 255 or  
special tape

OHYTHM: 6/8 meter counted: 1,2,3 4,5,6  
1 2

-----  
METER: 6/8 PATTERN  
-----

Meas.

INTRODUCTION:

BASIC:

- 1 Step R to R (ct 1); step L across R (ct 2).
- 2 Step R to R (ct 1); hold on R, but beg to move L behind R (ct 2).
- 3 Step L behind R (ct 1); hold on L as R lifts slightly (ct 2).

NOTE: This step is the same as the Pravo Trakijsko Horo from Bulgaria. M dance with a definite knee flex, whereas W are more stiff-legged, especially on ct 2 of meas 2 and 3 where they actually lift the free ft slightly fwd with a straight leg.

TRANSITION:

- 1 Facing slightly R of ctr - run R-L in LOD (cts 1-2).
- 2 Facing ctr - jump on both ft (ct 1); hop on R as L swings in front of R, leg straight (ct 2).
- 3 Repeat meas 2, with opp ftwk on ct 2 (hop on L, R swings in front of L).

TRAVELLING TO R:

- 1 Facing R of ctr - run R-L fwd in LOD (cts 1-2).
- 2 Jump fwd onto both ft (ct 1); run R fwd (ct 2).
- 3 Run L fwd (ct 1); jump fwd on both ft (ct 2).
- 4 Facing ctr - step R to R (ct 1); step L behind R (ct 2).
- 5 Step R to R (ct 1); lift L diag L, leg straight (ct 2).
- 6 Repeat meas 5 with opp ftwk. (L to L, lift R)

Suggested dequence:

Basic 5 times  
Transition 1 time  
Traveling 5 times

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- 2 Step R to R (ct 1); step L in front of R (ct &); step R in place (ct 2); lift on R (ct &).
- 3 Still facing R of ctr - step L bkwd (ct 1); lift on L (ct &); step R bkwd (ct 2); lift on R (ct &).
- 4 Facing ctr - step L to L (ct 1); step R in front of L (ct &). step L in place (ct 2); lift on L (ct &).
- 5 Repeat meas 2 (pas de basque R)
- 6 Repeat meas 4 (pas de basque L).

FORWARD WITH STAMPS

- 1 Facing ctr - step R fwd (ct 1); stamp L beside R (ct &); step L fwd (ct 2) stamp R beside L (ct &).
- 2 Step R fwd (ct 1); stamp L beside R (ct &); stamp L beside R, no wt (ct 2).
- 3 Leap L bkwd, touch R fwd with extended leg (ct 1); repeat with opp ftwk (ct 2).
- 4-6 Repeat meas 4-6 of "Variations with Skips and Pas de basque". (pas de basque LRL).

The variations are called (or changed) by the leader, alternating steps to the side then fwd (i.e., basic 2 times to the side and 2 times fwd). As the dance progresses, the skips and the fwd stamps may replace the basic.

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