

1996

# GOLDEN GATE GALOP



## INSTITUTE

Yves Moreau teaching

Idam, ne Idam

Kojčovata

Staro Zagorsko Horo

Yves & France Moreau teaching

Scottische d'Auvergne

Quadrille de Barachois

Quadrille de Saint-Basile

Russian Center, San Francisco

May 25, 1996



# KOJČOVATA

(Bulgaria)

This dance comes from the region of Veliko Tarnovo in North Bulgaria. It belongs to the «Dajčovo» family. Learned from Ivan Donkov, 1979. Similar versions of this dance have also been taught by Jaap Leegwater and Bianca de Jong.

**Pronunciation:** KOY-tchoh-vah-tah  
**Music:** Cassette: Dances of Bulgaria, BMA-002  
**Rhythm:** 9/8 counted here as 1-2, 1-2, 1-2, 1-2-3, or 1,2,3,4 or qqqS  
**Formation:** Open circle or line, hands joined down in "V" pos. Face ctr, wt on L.  
**Style:** Quick, light steps. Strong.

**Meter:** 9/8

**Pattern**

1-8 Introduction. No action.

## 1. "Dajčovo"

1 Small hop on L, arms swing fwd (1) three steps in place R-L-R, arms swing back and begin to move fwd and up again (2-4)  
2 Repeat action of meas 1 with opp footwork  
3-8 Repeat action of meas 1-2, three more times

## 2. "Lulaj" (rocking or wave) - (Note: Arms do same as in Fig. 1)

1 Describe a basic «Dajcovo» step as in meas 1 but moving fwd to ctr  
2 Continuing «Dajcovo» step, travel to R of ctr  
3 Continuing «Dajcovo» step, travel bkwd, diag R  
4 Continuing «Dajcovo» step, travel sideways L

## 3. «Kojčovo» (sideways) - (Note: Arms do same as in Fig. 1 for meas, 1-2)

1 Hop on L (1) step on R to R (2) close L to R (3) step on R to R (4)  
2 Close L to R (1) step on R to R (2) close L to R (3) step on R to R (4)  
3 Arms come up to "W" pos, hop on R, kicking L leg sharply fwd (1) leg goes out to R (2) Hop on R (3) step on L behind R (4)  
4 Same as in meas 3, with opp footwork  
5-8 Repeat pattern of meas 1-4  
9-16 Repeat pattern of meas 1-8

## 4. Half circle (wave) and back - (Note: Arms do same as in Fig. 1)

1-2 Repeat same as in meas 1-2, Fig. 2  
3 Facing ctr, hop on L (1) step on R behind L (2) hop on R (3) step on L behind R (4)  
4 Repeat pattern of meas 3  
5-8 Repeat pattern of meas 1-4

## 5. Travelling - (Note: Arms do same as in Fig. 3)

1-2 Do two «Dajčovo» basic steps facing and travelling in LOD  
3-4 Repeat pattern of meas 3-4, Fig. 3  
5-8 Same as in meas 1-4, with opp direction and footwork  
9-16 Repeat pattern of meas 1-8

Repeat dance from beginning.

Presented by Yves Moreau

Statewide Institute  
San Francisco, CA.  
May 25, 1996

# STARO ZAGORSKO HORO

(Bulgaria)

Dance type related to the Pravo Trakijsko family. These variations come from the area around the town of Stara Zagora in Eastern Thrace. As observed by Yves Moreau at a festival in Haskovo, Thrace, June 1966.

**Pronunciation:** STAH-roh Zah-GOHR-skoh Ho-ROH  
**Music:** Cassette: Dances of Bulgaria, BMA-002  
**Rhythm:** 2/4  
**Formation:** Open circle or line, hands joined down in "V" pos. or belt hold, L over R, Wt on L  
**Style:** Earthy, somewhat flat steps, slight knee bend, upper body proud and erect.

**Meter:** 2/4

**Pattern**

No intro. Dance begins with music.

## 1. Pravo

- 1 Facing LOD, step on R to R (1) step on L crossing in front of R with marked flexion (2)
- 2 Facing ctr, step on R to R (1) step on L crossing behind R
- 3 Sway sideways to R onto R (1) hold (2)
- 4 Sway sideways to L onto L (1) hold (2)
- 5-32 Repeat pattern of meas 1-4, seven more times

## 2. "Zivo" - stronger travel step with threes

- 1 Facing LOD, strong stamp-like step fwd on R (1) small hop on R, simultaneously extending L leg fwd, close to ground (2)
- 2 Still moving in LOD, step onto L ft (1) hop on L, simultaneously picking up R ft in back (2)
- 3 Still moving LOD, two running steps R-L
- 4 Facing ctr, step on R to R (1) step on L, crossing behind R (2)
- 5 Facing ctr, do little "threes" to R, R-L-R, flat onto heels
- 6 Same as in meas. 5, with opp direction and ftwrk
- 7-8 Repeat pattern of meas 5-6
- 9-16 Repeat pattern of meas 1-8, one more time

## 3. «Na mjasto» (in place)

- 1 Facing ctr, strong heavy step fwd onto R, simultaneously raising L knee (1)  
"kick-push" L leg fwd, heel down, close to floor (2)
- 2 Small hop onto R, simultaneously retracting L knee (1) bring L leg slightly out to L and step on L behind R ft (2)
- 3 Two running steps in place R-L, fairly high knees, open R leg out to R on second running step (1,2)
- 4 Sharply "click" (close) R to L (1) hold (2)
- 5-8 Repeat pattern of meas 5-8, Fig. 2
- 9-16 Repeat pattern of meas 1-8, one more time

## 4. «Napred» (forward)

- 1 Facing ctr, two running steps fwd, R-L (1,2)
- 2 Repeat pattern of meas 4, Fig. 3
- 3-4 Repeat pattern of meas. 1-2
- 5 Sharp leap onto R in front of L (1) step onto L in place (2)
- 6 Two small running steps in place R-L
- 7-8 Repeat pattern of meas 1-2, Fig. 3
- 9 Facing ctr, two runing steps bkwd R-L

4. «Napred» (forward) cont'd
- 10 Still moving bkwd, do three steps R-L-R
- 11-12 Repeat pattern of meas 9-10, still moving bkwd but beg with L ft
- 13-16 Repeat pattern of meas 1-4, Fig. 3
- 17-48 Repeat pattern of meas. 1-16, 2 more times until end of music

Presented by Yves Moreau

Statewide Institute  
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# SCOTTISCHE D'AUVERGNE

(France - Auvergne)

One of many variations on the widespread European schottische. Learned from the *Bourrée Garnatoise* group from France, July 1991 at the Heritage International workshop, Cornwall, Ontario.

**Music:** Cassette: Dances of France and Québec, BMA-001  
**Rhythm:** 2/4  
**Formation:** Cpls in ballroom pos.  
**Style:** Small steps, somewhat bouncy.

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## Measure

## Pattern

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**Intro:** Start at beg of any musical phrase. On special cassette (oboe music), after slow intro, wait 6 meas (chords)

**Note:** Steps described here are M's steps. W do reverse action.

- 1 Facing ptr, step on L to L (1) close R to L (&) step on L to L (2)  
2 Same pattern as in meas. 1 with reverse direction and footwork.  
3 Turning out to face L, still in ballroom pos. and moving fwd, step on L (1) step on R (2)  
4-5 Repeat pattern of meas 1-2  
6 Repeat pattern of meas. 1  
7-8 Still moving in LOD, do 4 "buzz" (swing) steps

Repeat dance from beginning

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# QUADRILLE DE BARACHOIS

(New Brunswick - Canada)

An Acadian quadrille from the village of Barachois, in New Brunswick, Canada. From the archives of the Canadian Folk Arts Council. As danced on video by the Arsenault family.

**Music:** Cassette: Dances of France and Québec, BMA-001  
**Rhythm:** 2/4  
**Formation:** Four (4) pls in a square.  
**Position:** Interior hands in "V" pos and/or closed ballroom pos. Shldr-waist hold for swing.  
**Style:** Happy but not too wild.

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Measure	Pattern
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**Note:** Traditionally, the figures for such a quadrille are not "called". The figures described below are just "cue" calls for persons who have learned the dance in a workshop situation.

**Part I - «Chaîne des dames, traverse» - Ladies' chain and cross (6/8)**  
8 Cpls 1 and 3: Present, come back and pass through (R shldr)  
8 Present, come back and pass through (R shldr) to come back to place  
8 Swing partner  
4 Present  
8 Cpls 1 and 3, do a ladies' chain  
4 Present  
4 Cpl 3 pass through cpl 1 (use a two-step in closed ballroom pos.)  
4 Present  
8 Cpls 1 and 3, do a ladies' chain  
4 Present  
4 Cpl 1, pass through cpl 3  
8 Cpls 1 and 3, swing  
Note: The above figure repeats with cpls 2 and 4, active.

**Part II - «Le salut» - the salute (6/8)**  
4 Cpls 1 and 3, present  
8 Ladies' chain  
4 Cpls 1 and 3, present  
8 M1 and W3 walk fwd, do a "dos-à-dos", swing and move back to respective place  
4 Present  
4 Cpls cross over (M pass L shldr)  
4 Present  
4 M1 and W3 walk fwd, salute and go back to place  
4 Present  
4 Cpls cross over (M pass L shldr)  
8 Cpls 1 and 3, swing  
Note: Part II repeats with M3 and W1, M2 and W4, M4 and W2

**Part III - «L'homme à deux femmes» - Lead up (2/4)**

- 4 Cpls 1 and 3, present
  - 8 Ladies' chain
  - 4 Cpls 1 and 3, present
  - 4 Cpl 3 moves twd cpl 1, M3 leaves his lady with cpl 1
  - 4 The #1 "trio" moves fwd, "pushing" M3 to his place
  - 4 Trio moves back to #1 place, M3 stays in place
  - 4 Trio moves fwd to #3 place, M1 leaves the two ladies with M3
  - 4 New trio move to #1 place, M1 moves back to place
  - 4 Trio moves back to #3 place, M1 stays in place
  - 4 Cpls 1 and 3 move to ctr, form a small circle and travel half turn CW
  - 4 Small circle moves fwd (2 steps) and back (2 steps); cpl 1 makes an arch, and W3 goes under (M3 is outside)
  - 8 Cpls 1 and 3 swing
- Note: Part III repeats with: cpl 1 to cpl 3; cpl 4 to cpl 2, cpl 2 to cpl 4**

**Part IV - «En r'foulant» - all hands in (2/4)**

**"A" pattern**

- 8 All join hands and go fwd and back (2 times)
  - 8 All promenade (using two-step and ballroom pos)
  - 8 Cpls 1 and 3, do a ladies chain
- Note: Part "A" repeats with cpls 2 and 4**

**"B" pattern**

- 8 All join hands and go fwd and back (2 times)
  - 8 All promenade (using two-step and ballroom pos)
  - 16 Cpls 1 and 3, do a ladies chain (twice)
- Note: Part "B", repeats with cpls 2 and 4**

**Finale:**

- 8 All join hands and go fwd and back (2 times)
- 16 All promenade (2 complete turns around set)
- 8 All swing
- 16 All do a "grand right and left" (start with R hand to partner)
- 8 All do a final swing

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# QUADRILLE DE SAINT-BASILE

(Québec - Canada)

A quadrille from the village of St-Basile, Portneuf County not far from Quebec City. Learned from Denis Côté and Normand Legault. The fifth and sixth figures have been left out here due to music and time limitations.

**Music:** Cassette: Dances of France and Québec, BMA-001  
**Rhythm:** 2/4  
**Formation:** Cpls facing other cpls across in "contra" lines. M's R hand holding W's R hand  
**Style:** Happy but not too wild.

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Measure	Pattern
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**Note:** The figures described below are just "cue" calls for persons who have learned the dance in a workshop situation.

## Part I - «La petite promenade» - the little promenade

4 Intro  
16 "Chaine du reel" (gent follows lady around "inside track")  
16 Swing partner  
8 "Avant-deux" (present) fwd and back  
8 "Traverser" (cross over), ladies in the lead  
8 "Avant-deux" (present) fwd and back  
16 Chaine des dames (ladies chain) using "lazy man's" type of chain  
16 Swing partner

## Part II - «Les quatre coins» - the four corners

No intro  
8 "Avant-deux" and back (M & W trade places as they go back: W passes in front of M. Let go of hands when moving back.  
8 "Traverser" (different from Part I): cross over, passing through R shldrs, and turning alone  
16 Same as above 16 meas but in reverse to come back home  
16 Chaine des dames (ladies chain) as in Part I above  
16 Swing partner  
Repeat whole part II one more time

## Part III - «La petite balance» - the small balance

Note: this is similar to an "ocean wave" figure  
4 Intro  
8 "Avant-Deux" and back (as in part I)  
8 "Traverser" (as in part I)  
16 Same as previous 16 meas  
16 Ladies chain  
16 Swing partner  
8 M#1 and L#2, do a L hand turn, meet partner with R hand ending up in lines of four, M facing down the set  
8 The lines of 4 move 4 steps fwd and 4 steps bkwd (women move bkwd)  
8 Repeat previous 8 meas  
8 Ladies in lead, cross over to other side (like a regular "traverser")

**Part III (Cont'd)**

16 Do a regular "avant-deux" and back (as in Part I)  
16 Ladies chain  
16 Swing partner  
The whole sequence repeats from a R-hand turn (instead of a L-hand turn) but with M#2 and L#1; M end up facing up the set); W still move bkwd on "ocean wave".

**Part IV «L'homme à deux femmes» - the man with two women**

4 Intro  
16 Ladies chain  
16 Swing partner  
8 Cpls #1 only, move fwd twd pls # 2 (shldr-waist pos) Note: this figure is excuted slowly  
8 Cpls # 1 only, move bkwd to place  
8 Cpls # 1 only, move fwd twds cpls #2 and leave lady with gent # 2  
8 New "trio" (#2) moves fwd "pushing" lone man #1  
8 M #1 stays in place and trio moves back  
8 All go fwd, meet in middle, forming a tight circle travelling CW. When reaching opp side (4 cts) do some "chassé" steps away to opp place (4 cts)  
8 Do some "chassé" steps fwd and back  
8 With more "chassé" steps, cross over to original place, M passing back to back (turn L)  
16 Ladies chain  
16 Swing partner  
The whole sequence repeats, but with cpls #2 moving fwd twds cpls #1 and continues until end of dance.

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